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Morinville Men's Shed puts men's health and connection in the spotlight



By Shelley Winger

When Cecil Mackesey moved from Ontario to Morinville about three years ago, he was looking for connections and a sense of community. The Morinville Sturgeon Men's Shed Club has helped provide both, while giving him an opportunity to help other men do the same.

Mackesey, the club's Shed Lead and Wellness Week event coordinator, has also seen cancer affect men in his own family and has experienced the disease himself. Those experiences helped shape his commitment to encouraging men to pay attention to their health and seek support when they need it.

"Men often connect more naturally while working beside one another than they do sitting face-to-face and being asked to talk," Mackesey said.

That idea is at the heart of the Men's Shed movement, which offers men a place to build friendships, share interests and find a sense of purpose.

The idea for the Morinville Sturgeon Men's Shed Club was introduced by Morinville Family and Community Support Services at a community engagement event in January 2024.

The club held its first official meeting on March 18, 2024, with nine men in attendance. It became an incorporated nonprofit society on April 9, 2024.

The club initially met at the Morinville Community Cultural Centre and the Morinville Rendez-Vous Centre, with early projects taking place in a member's private workshop.

Today, the club has a dedicated space at the Sturgeon Agriplex and a well-equipped workshop. Its activities range from woodworking and music to art, storytelling, community service and social outings. Members have also completed projects for community organizations and recently started holding informal music jam sessions.

Rather than following a rigid program, the Shed allows members to help shape activities

Continued on **page 6**



Members of the Morinville Sturgeon Men's Shed Club gather for a group photo. The club brings men together to build friendships, share skills and support their community. ***– Morinville Sturgeon Men's Shed Club Photo***

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Canada

Sturgeon County proposes no municipal tax rate increase in 2027



By Haylee Winger

Sturgeon County residents could see no increase to the municipal tax rate in 2027 under a proposed budget that includes $190.3 million in capital investments over the next three years.

According to information released by Sturgeon County, the 2027 to 2029 capital plan is the largest multi-year infrastructure plan in County history.

The proposed budget also maintains municipal services and continues contributions to reserves for future needs.

Among the projects planned over the three-year period is a new fire hall to serve the eastern part of Sturgeon County and partner communities.

The plan also includes reconstruction and paving of Township Road 554 from Range Road 255 to Highway 44, along with road, bridge and drainage improvements throughout the County.

High-speed internet access would also be expanded to approximately 40 communities.

In addition to the $190.3-million capital plan, more than $75 million in externally funded infrastructure is expected to support economic development in the Sturgeon Industrial Heartland.

On the operating side, the proposed budget includes $102.9 million in expenditures to maintain municipal services and support community needs.

Investments in public safety, transportation, asset management and organizational sustainability would continue, along with contributions to County reserves.

The budget comes as Sturgeon County deals with financial pressures and uncertainty while anticipating significant industrial growth in the coming years.

Several major industrial and private-sector investments currently under development are expected to substantially increase the County's assessment base beginning around 2029.

The County expects that growth could increase its long-term revenue capacity.

At the same time, an ongoing assessment appeal affecting approximately 20 per cent of current municipal property tax revenue remains a financial risk for the County.

In preparation for that uncertainty, Sturgeon County conducted a comprehensive budget review in 2025 and identified approximately $10 million in savings and efficiencies.

The County is also facing pressures common to municipalities across Alberta, including inflation, growing infrastructure needs, changing demands for services and the impacts of extreme weather, including wildfires and flooding.

Residents will have an opportunity to weigh in on the proposed budget before Council begins its budget deliberations.

A public hearing is scheduled for Wednesday, October 28 at 1 p.m. at Sturgeon County Centre.

Residents were able to register in advance to speak at the hearing and can submit written comments to the County by November 15.

The hearing will also be available to watch through the County's Council Meeting page, with the livestream expected to become available about 10 minutes before the hearing begins.

Council is scheduled to debate the proposed 2027 budget from November 18 to 20.

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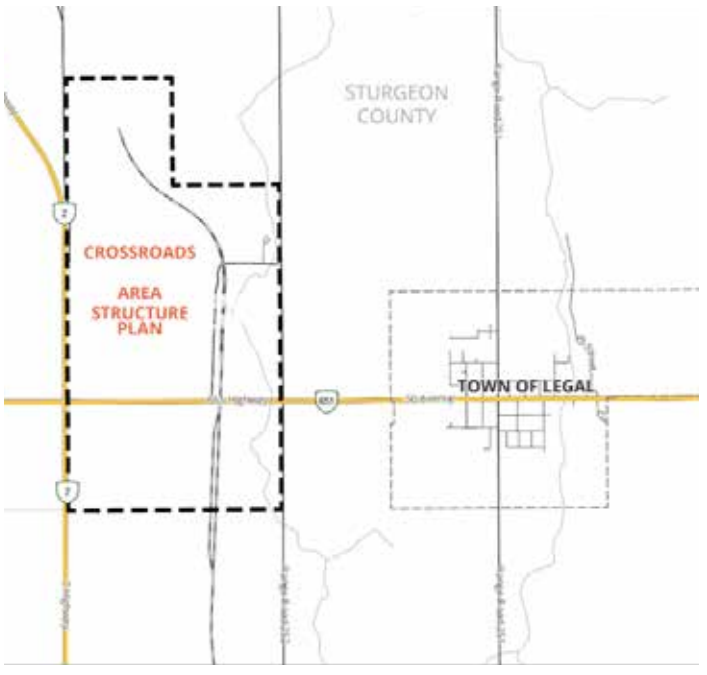
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PUBLIC HEARING – BYLAWS 1719/26 & 1730/26

CROSSROADS AREA STRUCTURE PLAN (2026) & CROSSROADS LAND USE BYLAW AMENDMENTS

Sturgeon County Council requests feedback on proposed bylaws 1719/26 & 1730/26. Amendments to the Crossroads Area Structure Plan (ASP) are proposed to align with updated provincial transportation plans, proposed municipal drainage improvements, and significant changes that have occurred since initial adoption of the ASP in 2001.

Amendments to the associated Crossroads Land Use Bylaw (LUB) amendments include redistricting rail line parcels that have been decommissioned and redistricting various parcels to match the ASP Future Development Concept Map.



Public Hearing details

The Public Hearing will be held in person and via videoconference:

Tuesday, November 10, 2026 at 1 p.m.
(or as soon as practical thereafter)

Sturgeon County Council Chambers
(9613 100 St., Morinville)

Learn more:
sturgeoncounty.ca/public-hearing-bylaw-1719-26

Questions? Contact us!

Michael Klassen
Program Lead
780-939-8370
mklassen@sturgeoncounty.ca

Important information about Public Hearings

Requirements for speakers

All speakers have five minutes to speak and are encouraged to provide a written copy of their submission before the Public Hearing.

Speaking in person

To speak at the Public Hearing in person, contact Legislative Services at **780-939-8029** to register.

Speak via videoconference (phone or video call-in)

To speak at the Public Hearing via videoconference, you must register by **November 9, 2026 at 1 p.m.** by contacting Legislative Services at **780-939-8029**. This ensures you receive instructions to access the videoconference.

Written submissions

Email your written submission to Legislative Services at **legislativeservices@sturgeoncounty.ca.**

Written submissions are accepted up to the close of the Public Hearing. If making a written submission, you must include your name, state your interest in the matter (such as a County resident directly impacted by the proposed bylaw), and indicate if you are in favour of or opposed to the proposed bylaw.

Watching the Public Hearing

You can view the Public Hearing in person or online at **sturgeoncounty.ca/CouncilMeetings.**

To view the livestream, click on the meeting date on the calendar, then click on the video link.

By submitting comments on this bylaw, either orally or in writing, the personal information you provide may be recorded in the minutes of the public hearing or otherwise made public. This information is collected under section 4(c) of the Protection of Privacy Act (POPA). If you have any questions about the collection, use or disclosure of your personal information, please contact the Sturgeon County Access and Privacy Advisor at 780-939-1306 or accessandprivacy@sturgeoncounty.ca.

Sturgeon COUNTY

Lions Western Canadian Challenge brings 16 volleyball teams together in Morinville



MCHS versus St Albert Paul Kane Blues.



MCHS Wolves versus Devon John Maland School Wildcats.



By Haylee Winger

Sixteen high school boys' and girls' volleyball teams competed in Morinville on October 16 and 17 for the Lions Western Canadian Challenge, hosted by Morinville Community High School.

The tournament included teams from Morinville, Westlock, St. Albert, Devon, Barrhead, Onoway, Grande Prairie and Edson.

Steven Jones, MCHS athletic director, senior boys basketball coach and tournament committee member, described the Western Canadian Challenge as one of Alberta's premier high school volleyball tournaments for 3A schools.

Matches were split between Morinville Community High School and Georges H. Primeau School. Taking part were the MCHS Wolves, R.F. Staples School Thunderbirds, Paul Kane School Blues, John Maland School Wildcats, Barrhead Gryphons, Onoway Junior/Senior High School Mustangs, St. Joseph School Celtics and Parkland School Pacers.

Play got underway Friday at MCHS, where two courts were in use from 8:30 a.m. to 6:30 p.m. On Saturday, the boys moved to Primeau while the girls continued their competition on the MCHS main court.

The girls' playoffs saw the MCHS Wolves take on the R.F. Staples Thunderbirds before MCHS advanced to meet the Paul Kane Blues.

Paul Kane ultimately claimed first place in the girls' tournament, with the Barrhead Gryphons finishing second.

Elsewhere in the girls' playoffs, Paul Kane advanced after facing the John Maland Wildcats. Barrhead moved forward following its game against the Onoway Mustangs and went on to face the Parkland Pacers. MCHS and Parkland also met in the game for third place.

No results or highlights from the boys' competition were provided.

Teams had a busy two days on the court, beginning with round-robin play before moving into Saturday's playoffs. Spectators noted that many of the matchups were close, adding to an already challenging schedule for the players.

The Western Canadian Challenge has been part of MCHS since 1995, when the tournament started with 24 teams. Participation later reached 96 teams by 2004. The event has become smaller in recent years, dropping to 20 teams before welcoming 16 this year.

Organizers would like to see those numbers grow again, along with sponsorship support for the tournament. The Lions Club of Morinville has been a consistent sponsor.

Hosting the event also takes considerable work away from the court. The tournament depends on support from school staff, community members and local businesses to keep it running.

Over the years, the event has become a familiar part of MCHS athletics. Some students who once watched the tournament from the sidelines have later had the chance to compete in it themselves and represent their school and community.

Following this year's tournament, the MCHS Tournament Committee recognized the athletes, coaches, parents and spectators who took part and helped make the weekend possible.



MCHS Wolves versus Westlock R.F. Staples School Thunderbirds.

Sturgeon County prepares for winter road conditions



By Haylee Winger

Sturgeon County road crews work throughout the winter to keep local roads safe and maintain reasonable driving conditions during snowy and icy weather.

The County considers a snow event officially declared when at least 10 centimetres of snow falls without interruption.

Crews begin working during the snowfall to keep roads safe and accessible, while the timeline for snow and ice control services starts once the snowfall has stopped.

Roads are cleared according to a priority system, with paved and oiled arterial and collector roads that carry higher traffic volumes receiving attention first.

Other paved and oiled local roads within subdivisions are considered Priority 2, followed by Priority 3 gravel roads, including collector and local roads and subdivisions.

The County's goal is to provide snow and ice control on Priority 1 roads within 24 hours after a snow event ends. Priority 2 and Priority 3 roads are expected to receive snow and ice control within 72 hours.

Transportation crews are normally on duty from 7 a.m. to 11 p.m. on weekdays, maintaining roads through plowing, sanding and snow removal.

When snowfall exceeds 10 centimetres, crews extend their hours and operate seven days a week to keep up with the increased workload and meet the County's service targets.

Drivers are asked to slow down and give equipment plenty of room while crews are working.

Motorists should watch for equipment turning and remember that flashing amber and red lights indicate a snowplow ahead.

Drivers should stay at least 15 metres behind equipment and should not attempt to pass a snowplow.

Operators will pull over when it is safe to allow vehicles to pass.

Residents can also help by paying attention to where they place snow when clearing their driveways.

Snow should be pushed to the right side of the driveway so it is less likely to be pushed back in when a plow or grader passes.

Snow should never be pushed across the road and into the ditch.

Crossing into oncoming traffic is dangerous, and pieces of snow and ice left on the road can create a hazard for other drivers.

Obstructing a road, including with pieces of snow or ice, is an offence under the County's Traffic

Continued on page 8

Fall Immunization Program launches in Alberta

Primary Care release

Fall has arrived in Alberta and so has fall immunization season. Primary Care Alberta (PCA) encourages you to protect yourself and your loved ones from respiratory illness this season.

Getting immunized against influenza, respiratory syncytial virus (RSV) and COVID-19 is one of several important steps Albertans can take to prevent the spread of illness. Vaccines are safe and effective.

Appointments are available through PCA public health clinics and participating pharmacies. Where you should book your appointment will depend on your age and the vaccines you're receiving.

Visit primarycarealberta.ca/getimmunized to learn which immunizations are right for you.

To book an appointment at a PCA public health clinic, visit myhealth.alberta.ca/topic/immunization/pages/book-appointment.aspx or call Health Link at 811. Albertans booking through a community pharmacy should contact the pharmacy directly. Many pharmacies are accepting walk-ins.

You can also speak to your primary healthcare provider if you have questions about immunization.

Additional precautions to protect yourself from the spread of respiratory viruses include:

- Staying home when feeling sick;
- Avoiding close contact with people who are sick, whenever possible;
- Washing hands frequently with soap and warm water for at least 20 seconds, or using an alcohol-based hand sanitizer;
- Covering coughs and sneezes, followed by cleaning of hands;
- Avoiding touching eyes, nose or mouth with unwashed hands;
- Cleaning and disinfecting frequently touched surfaces and items at home, especially when someone is sick; and
- Wearing a well-fitting mask in crowded indoor spaces to help reduce the risk of becoming sick and to help protect others from being exposed.

If throughout the next several months you need care, visit Alberta's Know Your Options website to learn about the healthcare services available in your community: alberta.ca/

Continued on **page 8**

Acute system resumes normal operations; Code Orange stood down

Acute Care Aberta release

Acute Care Alberta (ACA) extends its deepest sympathies to all those affected by the tragic incident at CFB Wainwright.

Our thoughts and prayers are with the patients, their families, and everyone impacted by this tragedy.

Following a coordinated emergency response involving healthcare teams and emergency services across Alberta and Saskatchewan, all Code Orange activations in Alberta have now been stood down. Regular acute care operations have resumed, under existing high-capacity pressures and some additional localized staffing pressures in the Wainwright and Flagstaff County areas.

Care for affected patients continues, and our commitment to supporting them and their families remains unwavering.

The healthcare system's emergency response provided seamless and exceptional care in the most trying of circumstances.

EHS-Alberta deployed 30 units directly into Wainwright, including 22 ground ambulances, six fixed-wing and two rotary wing units. This was a unified response between EHS-Alberta direct delivery and contracted service partners in both Alberta and Saskatchewan.

Active emergency response was sustained across the system for more than 10 hours, with patients transported to and receiving care at facilities across our entire province.

Specifically, as of today, patients were transferred from Wainwright Healthcare Centre to four facilities: the University of Alberta Hospital (UAH), Royal Alexandra Hospital (RAH), Foothills Medical Centre (FMC) and Red Deer Regional Hospital Centre (RDRHC)

It is anticipated that care for patients impacted by this incident will be intensive and will add to existing high demand on acute care in Alberta.

The coordinated response demonstrated the dedication, professionalism and compassion of healthcare teams

Continued on **page 8**

Sturgeon COUNTY

November Meetings and Important Dates

9613 100 Street,
Morinville, AB T8R 1L9
County Centre Office
Ph: 780-939-4321
Toll Free: 1-866-939-9303
Emergency After Hours:
780-939-4321

Meeting schedule is subject to change. Members of the public are welcome to observe or listen in. For teleconference details and links to the livestream, click on the meetings notice in the following locations:

Council Meetings: SturgeonCounty.ca/CouncilMeetings
Board and Committee Meetings: SturgeonCounty.ca/Boards
Public Hearings: SturgeonCounty.ca/Notices

Subdivision and Development Appeal Board	Nov 3	2:00 PM
Youth Advisory Committee	Nov 4	6:00 PM
Regular Council/Committee of the Whole	Nov 10	9:00 AM
Holiday Closure - Remembrance Day	*Nov 11*	*Closed*
Transportation Advisory Committee	Nov 12	6:00 PM
Community Services Advisory Board	Nov 16	6:00 PM
Subdivision and Development Appeal Board	Nov 17	2:00 PM
Budget Meeting	Nov 18	9:00 AM
Sand and Gravel Advisory Committee	Nov 23	9:00 AM
Regular Council/Committee of the Whole	Nov 24	9:00 AM

EVENT CALENDAR
Add your event today at SturgeonCounty.ca/event-calendar



PREPARE FOR WINTER ROADS
sturgeoncounty.ca/roads-transportation/winter



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NOTICE OF PUBLIC HEARING
Proposed Land Use Bylaw Amendment - Bylaw 11/2026

November 10, 2026 at 4 p.m.
Council Chambers, Morinville Civic Hall: 2nd floor, 10125 100 Avenue

Advance registration to speak in-person is encouraged; however, individuals may also sign up on the public hearing sign-up sheet prior to the start of the hearing. Written submissions and registration to speak by video conference must be submitted by 4 p.m., Nov. 9, 2026, to ensure you receive instructions to access the video conference; to do so, email legislativeofficer@morinville.ca. A copy of proposed Bylaw 11/2026 and the accompanying Council report can be viewed at www.morinville.ca/councilcalendar under the October 13, 2026 Regular Meeting of Council agenda.

About the Public Hearing:
Land Use Bylaw Amendment 11/2026 proposes to redistrict approximately 1.517 ha of land legally described as Plan 0420412; Block 1; Lot 1 from Medium/High Density Residential (R-4) District to Corridor Commercial (C-3) District to align with the South Glens ASP and enable the development of a corridor commercial site.



Need More Info? Call 780-939-7635 or email planning@morinville.ca
Privacy Notice: Personal information shared in writing before the meeting and verbally during the meeting will form part of the public record. Learn more at morinville.ca/news/public-hearings

Morinville

Men's Shed

Continued from ***page 1***

around their interests. Men can share their skills, learn from one another and take part in activities that give them a reason to get together.

For Mackesey, the club is about more than projects and social gatherings. It is also an opportunity to encourage conversations about men's physical and mental health.

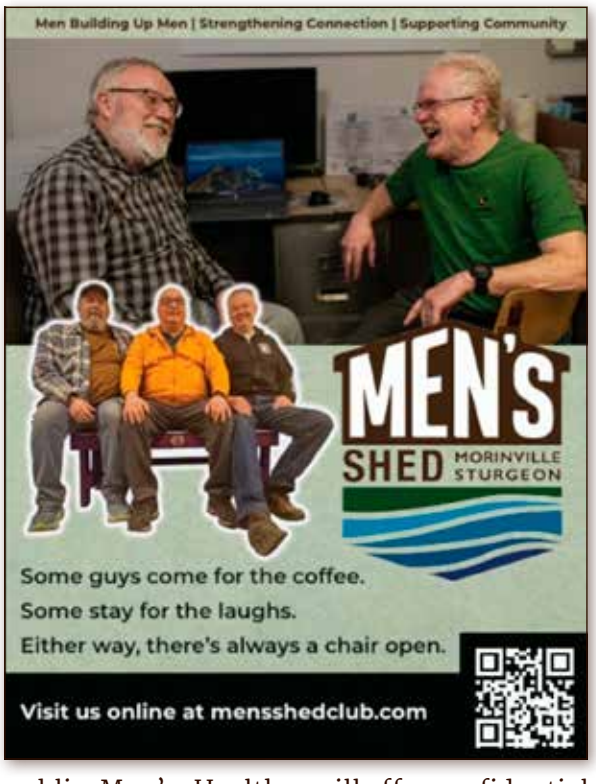
"Sometimes the first step is not a medical appointment or a formal support group. It may be sharing a meal, watching a football game, hearing another man speak honestly or taking 15 minutes to complete a health screening," he said.

The club's Men's Shed Wellness Week takes place the week of November 16, with events planned for Monday, November 16, and Wednesday, November 18.

The initiative builds on the club's annual International Men's Day Fun & Football Night and expands the focus to include men's health information and screening opportunities.

The week begins Monday, November 16, with the Men's Shed Fun & Football Night. The event is for men aged 18 and older and includes a catered dinner and Monday Night Football. Tickets are $25.

On Wednesday, November 18, a free public Men's Health Fair will take place at the Morinville Community Cultural Centre.



The drop-in event will offer confidential MAN VAN® health screening for eligible men aged 40 to 70, including a prostate-specific antigen (PSA) blood test.

Other screening services include mental wellness screening, blood pressure, blood sugar and waist circumference checks.

Advance booking is strongly encouraged because screening appointments are limited.

Wednesday evening will also feature a ticketed event open to men, their partners and adult family members aged 18 and older. The evening includes a catered dinner, expert speakers and a panel conversation, during which Mackesey will share his own cancer journey. Prizes, swag, raffles, a 50/50 draw and a silent auction are also planned. Tickets are $35.

For Mackesey, the goal is to make it easier for men to connect with others while learning more about their health.

The club welcomes men interested in building connections, exploring new activities or simply spending time with others.

The first three visits are free, and annual membership costs $50.

More information about the Morinville Sturgeon Men's Shed Club, Wellness Week events, tickets and health screening bookings is available at mensshedclub.com/wellness-week. General inquiries can be sent to info@mensshedclub.com.

Yellowhead Pipeline: Joint Statement

Premier Danielle Smith and Minister of Energy and Minerals Brian Jean issued the following statement on the recent groundbreaking of the Yellowhead Pipeline:

"Today's groundbreaking marks an important milestone for the Yellowhead Pipeline and another step toward securing Alberta's economic prosperity and energy future.

"This $2.9-billion project will add more than one billion cubic feet per day of natural gas transportation capacity, helping to ensure Alberta's Industrial Heartland has the reliable energy it needs to grow and create opportunities for future generations.

"Construction of 235 kilometres of pipeline and facilities is expected to support around 2,000 jobs.

"Once complete, the Yellowhead Pipeline will help attract new investment and support many industries,

Continued on **page 7**



More than 350 people attended the Morinville Fire Hall Open House on October 3 at the Don Found Fire Station, where residents explored the fire hall, met local emergency services crews, checked out the trucks and learned about fire safety through interactive activities.

– Town of Morinville Photos



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If you have a claim against this estate, you must file your claim by November 29, 2026 and provide details of your claim with **PUBLIC TRUSTEE** at

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Edmonton AB T5J 3Z8
Phone: (780) 427-2744
Fax: (780) 422-9136

and provide details of your claim.

If you do not file by the date above, the estate property can lawfully be distributed without regard to any claim you may have.

Yellowhead Pipeline

Continued from ***page 6***

including petrochemicals, manufacturing, hydrogen, data centres and power generation.

"By strengthening our natural gas infrastructure, we are creating the conditions for greater industrial development, increased economic activity and a more competitive economy.

"This project alone will enable about $20 billion of investments in Alberta, including the DOW Fort Saskatchewan Path2Zero project.

"Projects like this are critical to Alberta's long-term economic growth." ***Danielle Smith, Premier***

"Alberta continues to earn the confidence of job creators and investors from around the world.

"This investment reinforces that Alberta is the best place in Canada to invest, build and do business.

"Companies continue to choose Alberta because of our abundant resources, skilled workforce, competitive business environment and commitment to responsible development.

"I want to commend Canadian Utilities, ATCO and the project partners, as well as the Indigenous communities, municipalities, landowners and other stakeholders who contributed their time and expertise throughout the project's development.

"Alberta's government will continue supporting responsible infrastructure development that creates jobs, drives economic growth and builds lasting prosperity for people in Alberta.

"Congratulations to everyone involved in reaching this significant milestone." ***Brian Jean, Minister of Energy and Minerals***

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Winter road conditions

Continued from ***page 4***

Bylaw and carries a $500 fine.

Plowing can also leave a ridge of snow, known as a windrow, along the side of the road. Although crews try to keep windrows as small as possible, large equipment cannot return to clear them from individual driveways.

Residents are responsible for clearing their own approaches and also have the option of hiring a private contractor to clear windrows from the road in front of their homes.

The products used to manage icy roads vary depending on temperatures and conditions. When temperatures drop below -10 C, salt becomes less effective, so crews use a brine solution to help melt ice and apply sand at many intersections to improve vehicle traction.

Residents can report road maintenance concerns through the Sturgeon County website using its online reporting form. No registration is required, and those who wish to receive a response from the Transportation department can include their contact information.

Drivers are encouraged to plan ahead and check for road closures and delays before heading out.

Alberta 511 provides up-to-date information on provincial highway conditions.

Provincial highways fall under the responsibility of the Government of Alberta, not Sturgeon County.

Residents with highway-related questions or concerns can contact Ledcor at 1-866-453-3267.

Immunization Program

Continued from ***page 5***

know-your-options.

Care is a lifelong commitment for Primary Care Alberta. We plan, fund and support primary healthcare across the province, improving access to care providers and offering front-line services through Health Link 811 and public health teams. Throughout the health journey, we are by your side – managing, preventing and reducing illness. Along with our partners, we nurture the connections our communities need to thrive and strengthen the health of all Albertans.

Acute system

Continued from ***page 5***

and first responders. We extend our sincere gratitude to the physicians, nurses, healthcare professionals, emergency responders and leaders who worked tirelessly under extraordinarily difficult circumstances to ensure patients received the care they needed.

Our focus remains on supporting patients, families and healthcare providers as the recovery continues.

Acute Care Alberta is the provincial health agency dedicated to the governance and coordination of high-quality, timely and efficient acute care services across the province. Working in close partnership with acute care service providers and provincial health corporations, we drive improved emergency and acute care services for all Albertans. For more information, visit www.acutecarealberta.ca.





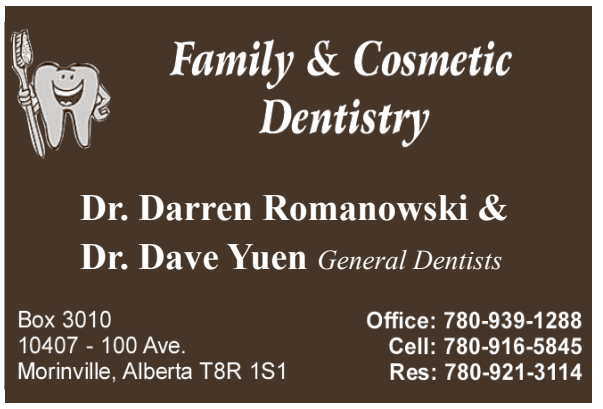


















Morinville Community joins Yellow Ribbon Campaign



Photo by Lucie Roy

Councillor Maurice St. Denis with some of the many yellow ribbons.

By Valerie Winger

Morinville Public School and the Dandelion Club have partnered with the Town of Morinville, the mayor and council to tie yellow ribbons around the school and throughout the community.

The yellow ribbons are a symbol of support for the Canadian Armed Forces and their families, following the tragedy at CFB Wainwright.

Residents are encouraged to take part in the initiative by displaying yellow ribbons throughout Morinville.

Students and members of the Dandelion Club at Morinville Public School are cutting and preparing the ribbons, which will be available at several locations in the community.

Residents can pick up ribbons at the school and community booth at the Morinville Leisure Centre, the designated booth at the Morinville Community Cultural Centre, and the Town of Morinville office during regular business hours.

Practical steps for building up your financial stability

(NC) Managing finances can be stressful under any circumstances. But when you're having difficulty, the struggle to catch up and regain stability can feel overwhelming. The good news is that you can make it back by making some small changes.

Credit can be part of your stability plan

"Having credit is ultimately having flexibility," says Peter Kalen, CEO of Money Mart. "For Canadians, it means having options when it comes to responding to the unexpected, as well as for making longer-term plans. That's why protecting and maintaining your credit is so important."

Credit health is one of the first things that can slip when life gets busy or unpredictable, and it's hard to recover it once it does. Paying your bills and credit cards on time makes the biggest difference, so keeping due dates front of mind is essential—you can set up reminders if that helps. Always cover at least the minimum payment on credit cards before the deadline. If you think you might have to make a payment late, call your provider before it's due, not after.

Your stability checklist for unpredictable weeks

Budget starting with the essentials: housing, utilities, groceries and transit. Figure out what you genuinely can't skip, then match those costs against what you know you'll make in that time. In a tight week, essentials and minimum payments on credit cards come before anything else.

If your income shifts from month to month, always budget around a leaner month, not your best one. It means you won't be caught short, and also lets anything extra go toward bills, catching up or making some savings.

A small cash buffer can change how a rough week feels. Even setting aside $10 or $25 each pay period can mean the difference between a stressful surprise and a manageable one. Depositing it into its own separate account can help keep it from disappearing into everyday spending.

When something unexpected comes up, resist the urge to fix everything at once. Figure out what has to be dealt with this week, what can wait and where you're flexible.

Staying stable doesn't take massive changes. Sometimes, it's the smaller ones that can add up to the biggest difference. Learn more at moneymart.ca/blog.

2027 BUDGET DELIBERATIONS

November 3, 4 and 24 at 4 p.m.

Morinville Council will begin deliberations on the proposed 2027 municipal budget, reviewing the services, programs and projects that support our community.

Want to follow along? You can watch Council's budget deliberations live online or catch up on the recordings anytime at **morinville.ca**, or attend in person at Town Hall Council Chambers, 10125 100 Avenue.

Want to learn more about what's proposed?

Visit our online budget hub at **engagemorinville.ca** starting November 5 to explore what's included in the proposed budget, why investments are needed and where your tax dollars go.

Morinville