

A sister publication to **The Review**, Redwater, Alberta

Handcrafted poppies and the heart of remembrance in Morinville

By **Shelley Winger**

As November unfolds and the air turns crisp, communities across Canada begin to pause and reflect on the meaning of

Remembrance Day. It's a time when the red poppy – small, simple, and deeply symbolic – begins to appear on jackets, scarves, and lapels everywhere.

In Morinville, this powerful emblem of remembrance has taken on a special, handcrafted touch thanks to the care and creativity of a local resident, Lauri Allen.

This year, visitors to Morinville Town Hall and the Morinville Leisure Centre will notice a display of beautiful, hand-made poppies – each one carefully created by Lauri and offered freely to anyone who wishes to wear one.

Though there is no cost to take a poppy,

those who feel moved to contribute may leave a donation, with 100% of the proceeds supporting the Morinville Legion's Poppy Campaign.

The Poppy Campaign plays an essential role across Canada, raising funds to support veterans and their families in

times of need.

These funds help provide emergency financial assistance, medical equipment, home visits, and countless other supports that often go unseen but are deeply appreciated by those who have served.

By making a
Continued on **page 3**




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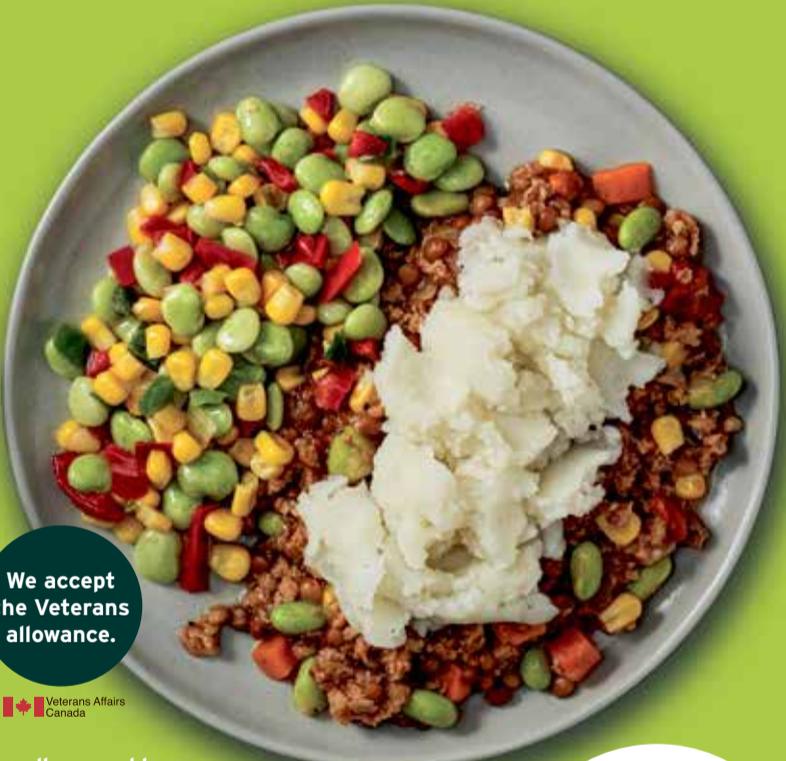
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Handcrafted poppies created by Lauri Allen, each adorned with a tag bearing the photo and name of a fallen soldier, serve as a poignant reminder of those who gave their lives in service to Canada. – **Town of Morinville photo**

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MCSnet Powers community connection in Morinville through new partnership

The Town of Morinville and MCSnet partner on a new naming rights agreement within the Morinville Leisure Centre

The Town of Morinville is proud to announce a new five-year naming-rights sponsorship with MCSnet, Alberta's largest rural internet provider.

Effective immediately, Court 2 in the Field House in the Morinville Leisure Centre (MLC) will officially be known as

MCSnet Court. This partnership celebrates the power of connection as MCSnet and Morinville collaborate to enhance recreation, increase community engagement, and promote civic pride.

"This partnership is about connection in all its forms," said Rhonda LaFrance,

Chief Marketing Officer, MCSnet.

"Just as MCSnet keeps Albertans connected through high-speed internet, we're proud to help Morinville strengthen community connection through shared spaces and recreation."

"Partnerships like this reflect our

shared belief in connection," said Teena Hughson, Community Engagement and Partnership Specialist for Morinville.

"MCSnet's investment helps enhance spaces where residents and visitors come together to stay active and build relationships, thereby strengthening our sense of community."

Through the agreement, MCSnet will receive recognition within the MLC, on

digital displays, on digital platforms, and at Morinville's events or programs, while helping to support accessible, high-quality recreation for all residents.

About the Morinville Leisure Centre

Opened in May 2019, the Morinville Leisure Centre is home to the Landrex Arena, fitness centre, field house, indoor track and multi-use community spaces

that host thousands of participants each year.

About MCSnet

MCSnet, one of Alberta's largest rural high-speed internet providers, proudly serves Morinville with reliable, high-speed internet that is perfect for both home and business use.

Their local, Alberta-based team offers personalized support and flexible plans to fit all lifestyles.

Morinville Set to Shine with "Lite Up the Nite" Dance Party

The holiday season is kicking off in high spirits as the **Lite Up the Nite Dance Party**, proudly presented by **McDonald's**, returns for a fun-filled evening of music, laughter, and community celebration.

The event will take place on **Friday, November 28**, from **6:30 to 9:30 p.m.** at the **Morinville Community Cultural Centre**. Admission is free, but attendees must

have a ticket to enter.

Residents are encouraged to get into the festive spirit by dressing in their favourite holiday attire and joining friends and neighbours on the dance floor. Alongside great music and lively entertainment, the evening will feature a variety of family-friendly activities and special guests.

Highlights include:
• A **special guest appearance by the**

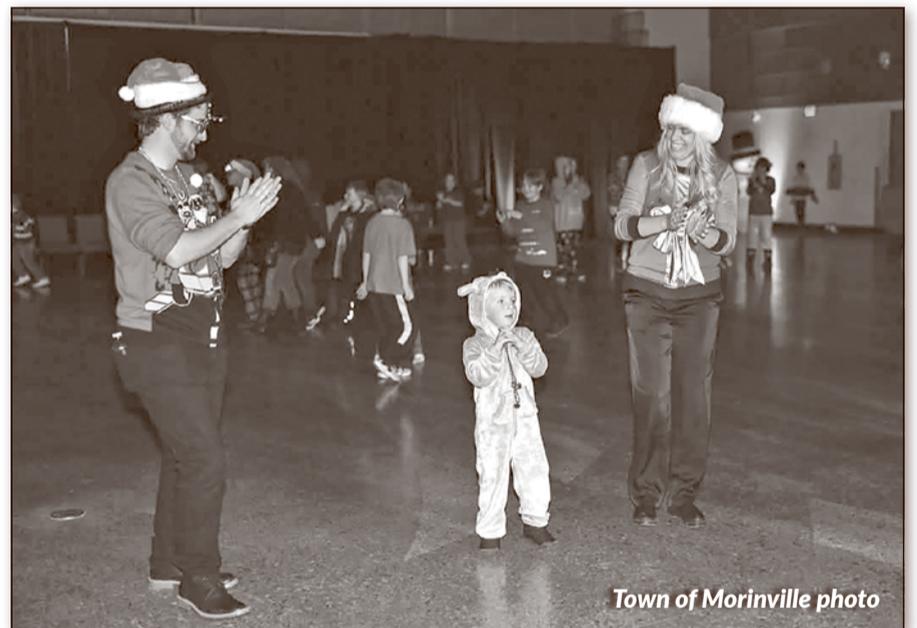
Green Christmas Grouch

• A **McDonald's concession**, with proceeds supporting **Ronald McDonald House**

• A **holiday photo booth** for capturing cheerful memories

• A **quiet activity room** for those seeking a calm break from the festivities

Guests are also invited to share the spirit of giving by bringing a **new, unwrapped toy** to help



Town of Morinville photo

support families **McDonald House**. ticket details, visit staying at **Ronald** For full event and morinville.ca/lutn.

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Families had a frightfully fun time at the Annual Family Fright Halloween Dance on October 24! The event featured music, costumes, and community spirit, with proceeds supporting the Morinville Food Bank. - **Town of Morinville photo**

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Handcrafted poppies

Continued from page 1

donation – even a small one – residents can directly help improve the lives of those who have given so much in service to our country.

The tradition of the poppy as a symbol of remembrance began more than a century ago, inspired by the now-famous poem “In Flanders Fields,” written in 1915 by Canadian soldier and physician Lieutenant-Colonel John McCrae.

McCrae’s words, written after witnessing the horrors of the First World War, described how bright red poppies grew among the graves of fallen soldiers in Belgium’s Flanders region.

His poem captured both the sorrow and resilience of those who fought – and it gave the world a lasting symbol of remembrance.

Today, that same red poppy continues to represent the bravery, sacrifice, and enduring spirit of those who served in all wars, conflicts, and peacekeeping missions.

But beyond the well-known image of

the poppy lies something even more personal.

Each flower, whether paper, fabric, or handcrafted like Lauri’s, carries the weight of countless stories – of lives cut short, of families waiting at home, of communities forever changed by loss and courage.

The handcrafted poppies available in Morinville are more than a creative gesture.

They are a reminder that remembrance can be both national and local – both historical and deeply personal.

Every stitch and petal represents time, thought, and gratitude, extending the meaning of remembrance into the heart of the community.

Remembrance Day itself, observed on November 11, marks the end of hostilities in the First World War, which officially ceased at the 11th hour of the 11th day of the 11th month in 1918.

More than a century later, Canadians continue to stop at that exact moment to observe two minutes of silence, honouring all who have served and

those who never returned home.

The silence gives space for reflection – for thinking about the freedoms we have, the lives that made them possible, and the continued sacrifices made by those in uniform.

While many associate Remembrance Day with soldiers on the front lines, it’s important to also remember those who lost their lives in non-combat incidents, peacekeeping missions, training accidents, and humanitarian efforts.

Each of them played a role in defending and serving Canada, and each deserves to be remembered.

For those wishing to learn more about the stories behind the names and faces of Canada’s fallen, the National Defence website offers detailed accounts and archives that preserve their memories.

Reading these stories connects us more deeply to the real people behind the poppy – individuals who laughed, dreamed, and lived lives filled with love and hope before answering a call to



The glow of the poppy tree at Morinville Town Hall reflects the town’s tribute to Canada’s fallen heroes. Pictured are Lauri Allen, Mayor Simon Boersma, and young residents honouring the meaning of remembrance. – **Town of Morinville photo**

service that changed everything.

In a world that often moves too fast, gestures like Lauri Allen’s remind us to slow down and connect with the meaning behind our traditions.

A handcrafted poppy may be small, but it carries immense significance. It represents community spirit, remembrance,

and gratitude – not just on November 11, but every day we remember those who have served.

When you stop by the Morinville Town Hall or the Morinville Leisure Centre to pick up one of these poppies, take a moment to reflect on what it stands for.

Whether you wear it to a ceremony, pin it to your coat, or place

it somewhere in your home, let it serve as a quiet reminder: freedom is never free, and remembrance is never out of season.

This November, Morinville stands together – not only in remembering the past but in continuing the tradition of gratitude, compassion, and community that keeps those memories alive.

Protect your identity: Keep your personal information safe

Your identity is valuable – don’t let anyone else use it.

Identity theft happens when criminals steal personal information and use it to commit fraud. With just a few key details, thieves can open bank accounts, make purchases, apply for loans, collect government benefits, or even obtain travel documents – all in your name.

Fraudsters use both low-tech and high-tech tactics to get this information.

In person: they might search through garbage, steal mail, or copy information from lost or stolen items.

Online: they may use malware, phishing emails, or hacked websites to capture personal data.

Information they

often target includes: credit card and bank numbers, Social Insurance Numbers, birth dates, addresses, login credentials, and ID numbers such as driver’s licences and passports.

How to Protect Yourself from Identity Theft

- **Be cautious with personal details.** Don’t share private information over the phone, text, or email unless you initiated the contact and trust the source.

- **Use secure networks.** Avoid logging into accounts or entering personal information on public Wi-Fi or shared computers.

- **Strengthen your passwords.** Create unique, complex passwords for every account, and

secure your devices and home Wi-Fi with strong protections.

- **Shop safely online.** Only buy from trusted retailers and check that the web address starts with “https” and shows a closed padlock icon.

- **Limit what you post on social media.** Even small details like your birthday or address can be used to impersonate you.

- **Protect your cards.** Shield your PIN when making payments and keep your card in sight during transactions.

- **Dispose of information safely.** Shred papers that contain personal or financial data before throwing them away.

Taking these simple steps can go a long way toward protecting your identity and preventing fraud.

Rosieridge expands Community Resource Zone for residents

Rosieridge Waste Management Services Commission has expanded its Community Resource Zone, giving residents easier access to reusable materials and finished compost – all free of charge.

The newly upgraded area offers a variety of useful materials for home and garden projects, including Category A compost for

gardening, firewood for home use, pallets for building projects, and fieldstones for landscaping.

All items are available to residents during regular operating hours, conveniently located just inside the gates at Rosieridge.

There’s no need to cross the scale – residents can simply stop in, pick up what they need, or drop off

reusable materials for others to use.

The initiative reflects Rosieridge’s ongoing commitment to sustainability and community collaboration.

By encouraging the reuse of materials and providing access to high-quality compost, Rosieridge continues to demonstrate that waste can be a valuable resource.

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Town of Morinville photo

Grab your crew and come hang out at the Morinville Leisure Centre for a full day of fun, freebies and chill vibes! Enjoy a creative zone, active games, great prizes, FREE lunch & more!

- Thursday, November 13
- 10 a.m. to 2 p.m.
- Ages 12 to 17
- Morinville Leisure Centre
- FREE to attend, drop-in

SU602 Mustangs Skate-A-Thon a success

Last week, the SU602 Mustangs hit the ice for a 60-minute Skate-A-Thon, raising funds to help cover tournament costs for the season. The event brought together players, coaches, and families for an afternoon of fun and friendly competition.

Throughout the hour, the team pushed themselves to complete as many laps as possible, all while keeping the energy high with music and encouragement from the stands. One player stood out by finishing an incredible 139 laps – a highlight of the day.

Beyond fundraising, the Skate-A-Thon gave the Mustangs a chance to build team spirit and celebrate their shared love



of the game. The event served as a reminder that when the Mustangs come together, great things happen – both in sport and in community.



Sturgeon Hockey Club photos

Join us for our Regional Meetings

November 13-28, 2025

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| Date | Regions | Location |
|--------|----------|-------------------|
| Nov 13 | Region 6 | Rycroft |
| Nov 18 | Region 4 | Vegreville |
| Nov 19 | Region 5 | Fort Saskatchewan |
| Nov 20 | Region 3 | Lacombe |
| Nov 25 | Region 2 | Olds |
| Nov 28 | Region 1 | Claresholm |

Visit the Events page on our website or call to register for the meeting in your region.

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PUBLIC HEARING – Proposed 2026 Budget

Sturgeon County Council requests public input on the proposed 2026 Budget.

The proposed 2026 budget for Sturgeon County is driven by Council's strategic plan and priorities. It focuses on maintaining highly competitive tax rates that support quality, cost-effective municipal services while maintaining the County's long-term financial sustainability.

View the proposed budget at sturgeoncounty.ca/public-hearing-2026-budget

If you have questions about this public hearing, please reach out to Valerie Lawson, Corporate Finance and Treasury Services, at budget@sturgeoncounty.ca.

Public Hearing details

The Public Hearing will be held in person and via video conference on:

Wednesday, November 26, 2025 at 9:00 a.m. (or as soon as practical thereafter)

Sturgeon County Council Chambers (9613 100 St. in Morinville)

sturgeoncounty.ca/CouncilMeetings

Important information about Public Hearings

Requirements for speakers

All speakers have five minutes to speak and are encouraged to provide a written copy of their submission before the Public Hearing.

Speaking in person

To speak at the Public Hearing in person, contact Legislative and Legal Services at 780-939-0620 or 780-939-1377 to pre-register.

Speak via video conference (phone or video call-in)

To speak at the Public Hearing via video conference, you must register by November 25, 2025 at 9:00 a.m. by contacting Legislative and Legal Services at 780-939-0620 or 780-939-1377. This ensures you receive instructions to access the video conference.

Written submissions

E-mail your written submission to Legislative and Legal Services at legislativeservices@sturgeoncounty.ca. Written submissions are accepted up to the close of the Public Hearing.

If making a written submission, you must include your name, state your interest in the matter (such as a County resident directly impacted by the proposed budget), and indicate if you are in favour or opposed to the proposed budget.

Watching the Public Hearing

You can view the Public Hearing in person or online at sturgeoncounty.ca/CouncilMeetings. To view the livestream, click on the meeting date on the calendar, then click on the video link.

Protection of Privacy Act: By submitting your comments on the proposed budget, either orally or in writing, the personal information you provide may be recorded in the minutes of the public hearing or otherwise made public. This information is collected in accordance with section 4(c) of the Protection of Privacy Act (POPA). If you have any questions about the collection, use or disclosure of your personal information, please contact the Sturgeon County Access and Privacy Advisor at accessandprivacy@sturgeoncounty.ca or call 780-939-1306.



Environmental Farm Plan Workshop

Sturgeon County is hosting a free, half-day event for producers who want to create (or renew) an Environmental Farm Plan (EFP).

The EFP is a voluntary, whole farm, self-assessment tool that helps producers identify their environmental risks and develop plans to mitigate those risks.

Producers are required to have an EFP completion letter dated within the last 10 years of the date of application to be eligible for cost-share funding with the On-Farm Stewardship programs of the Sustainable Canadian Agriculture Partnership.

A laptop or tablet is required. Light refreshments will be provided.

Tuesday, November 25, 2025
9:00 a.m. – Noon
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Register on www.eventbrite.ca



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Falls Prevention Month a reminder to stay safe all year

November is Falls Prevention Month. Primary Care Alberta encourages Albertans to take steps to prevent falls and other injuries.

In 2024, there were around 15,500 fall-related emergency department/urgent care clinic visits in those aged five and under. There were around 41,500 fall-related emergency department/urgent care clinic visits in those 65 years and older.

For children: Many falls occur in the home for children younger than five years old. Use safety equipment and actively watch young

children to prevent falls and other injuries.

- Use sturdy, wall-mounted gates at the top of all stairs and a wall-mounted or pressure-mounted gate at the bottom.

- Install safety devices on windows like window guards or child-proof locks higher than ground level. Safety devices should be installed so they may be opened by an adult or older child without the use of any tools or special knowledge.

- Move furniture away from windows and balcony rails to prevent children from climbing.

- Secure furniture such as dressers and bookcases to the wall.

- Use the play-ground checklist for children to reduce the risk of injury.

- Always have your child wear a certified helmet while skiing, snowboarding, sledging, tobogganing or skating to lower the risk of head injuries.

For older adults: On average, one in three people in Alberta 65 and older will fall at least once a year. There are many things that can be done to reduce the risk of falls.

- Move your body! - Regular physical activity builds balance,

strength, and flexibility. Talk to your healthcare provider before beginning a new physical activity, and discuss strategies for staying active if you have limited mobility.

- Choose footwear that has low heels, fits well and has good grip. Join activities with friends or family to stay safe and connect with others. Take short, slow steps on slippery surfaces during colder weather.

- Improve your health:

- Check your vision. Changes to your vision might increase your risk

of falling. Alberta Health Care Insurance Plan (AHCIP) may cover some of the cost of an annual eye exam for adults ages 65 and older. Check with your eyecare provider about coverage when booking your appointment.

- Review your medications. Regularly review your medications with your doctor or pharmacist, and ask questions about side effects, such as feeling dizzy or sleepy. Keep a master list of medicines at home and with you when you go out.

- Remove hazards: Keep floors and pathways clutter-free. Turn on lights in stairways.

If you fall or are seriously injured, get the appropriate care, promptly. People with life-threatening emergencies should visit their nearest emergency department or call 911. If your condition is not life-threatening, call Health Link 811 for health advice or information.

For more information, visit our Injury Prevention & Safety website. If you're a health provider

Continued on page 7

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How our farms are getting more sustainable

(NC) Businesses across every industry are taking a longer-term view of how they operate.

Sustainability has become a bit of a buzzword for large businesses, but for farmers it's always been an essential consideration.

Avoiding soil fatigue and erosion, minimizing water use and producing more with less takes a willingness to innovate that's always been a key asset of Canadian farmers.

Farms are getting smarter

Farmers are embracing the newest technology to help them produce larger yields with fewer resources.

Some are AI-powering their strategic planning, using data models to better set out planting, watering, pest control and harvesting schedules.

The data for those

platforms comes in via sensors placed out in the field, on equipment or in buildings, that also let farmers monitor conditions across their business in real time and react more efficiently to problems as they come up.

New crops are fueling farm sustainability

Crop development has always been an important aspect of Canada's farm industry - Canola was a Canadian invention that took careful breeding and a scientific approach.

That tradition continues with new crops serving as bio-fuels, helping the agriculture sector, and industry at large, reduce its dependence on fossil fuels.

Farmers are reaping the benefits of strategic planning

More farmers are taking a strategic

approach to managing their business, from their seed stock to their balance sheets.

For instance, scenario planning can help a farm better weather storms, flooding or drought.

"Many farmers are taking advantage of resources geared to their businesses through available partnerships," says Lorna McKercher, national director, agriculture at RBC. "They're reaching out to get risk management advice and financing options that can help their farms operate for generations to come."

By taking a strategic, forward-thinking approach, farmers are helping ensure their businesses - and the food they produce - are sustainable and available for Canadians in the long term.

Learn more at rbc.com/agriculture.

Falls Prevention Month

Continued from page 6

visit our Preventing Falls, Information for Health Professionals website.

Visit Finding Balance - a seniors' falls prevention initiative developed by the Injury Prevention Centre (IPC) at the University of Alberta.

Primary Care

Alberta is a made-in-Alberta solution to improve access to the primary care services Albertans rely on.

By delivering coordinated services, Primary Care Alberta enables health-care providers to do what they do best -- care for Albertans. We meet Albertans wherever they live,

work, play and learn, promoting prevention, supporting life-long health journeys, and serving as a vital entry point to a complex network of care.

Together, we are creating a future where compassionate, timely and effective healthcare is available to every Albertan at every stage of life.



Honouring our Veterans: A heartfelt moment during the 1st Poppy Presentation as a local veteran receives a poppy. Lest We Forget. - Morinville Legion Br. 176 photo

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Open for 2026 Applications!

Are you a farmer or rancher? Funding is available for nature based projects.

ALUS helps you establish projects like eco-buffers and shelter-belts, adaptive multi-paddock grazing systems, watering systems for livestock, naturalizing flooded cropland, pollinator and wildlife habitat, and many more!

Over 1,400 farmers and ranchers across Canada receive annual management and maintenance payments for their stewardship of these projects.

Join Us!



ALUS.ca

For more information, contact Agriculture Services:
 agricultureservices@sturgeoncounty.ca
 780-939-8349




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FAMILY HOME ON 3 ACRES IN WESTLOCK COUNTY

Great family home on gorgeous 3 acres a few minutes NW of Westlock, about a 1/2

hour to St Albert. Room for everyone in this 1770 sq ft 5 bdrm, 3 bath bungalow. Substantial upgrades over the past 20 years include siding, soffits, paint, HOT WATER ON DEMAND, high efficiency furnace, wood stove, and back deck. In 2018 CENTRAL AIR CONDITIONING was added along with a GENSET SYSTEM which automatically turns on if the power goes out and powers the whole house. At that time new flooring and a maintenance free front deck were also added. Other features are IN FLOOR HEATING in basement, pantry, 3 pce ensuite with soaker tub, main floor laundry, main floor office, back up sump pump system. Heated garage built in 2016 has 2 floor drains and a handy back porch area for boots and coats. Main floor also has a large flex room and office space. Garden area and raised garden beds, storage sheds, mature trees and view from front deck of a small lake complete this great property. Even room for animals on this 3 acres. **\$499,900. Call Heather to view.**



COMMERCIAL LOT IN THORHILD

1.24 acres of open land ready to develop into your commercial endeavor. High level

land on the outskirts of the Hamlet of Thorhild. Paved road in front, gravel road on one side. Utilities are nearby. Thorhild is a small hamlet with lots of potential for growth and new business. Located approximately an hour NE of Edmonton. **\$59,900. Call Heather for more info.**



NEW 80 ACRES OF GRAIN/BUSH LAND IN THORHILD

Perfect for farmers, hunters or build your dream home. Ideal location

just a few minutes from Abee, about an hour north of Edmonton. 80.61 acres of partially treed land at the end of a dead end road just a couple miles off Highway 63. Great place for hunting with lots of moose and deer. Use it as a weekend getaway, build your future hobby farm or add to your current farming operations. About 25 or 30 acres are cultivated and has good crop land. Much of the rest of the land could be cleared for more crop land if wanted. Power runs on the road right past the property. Another 10 acres could likely be subdivided out of this parcel. **\$225,000. Call Heather for more information.**



TWO 3.09 ACRE PARCELS IN STURGEON COUNTY

2 great building sites in Pinewood Estates, less than 1/2 hour to Edmonton. The

corner lot has trees planted all along the north and west boundary. The adjacent lot has planted trees along the north side and natural bush all along the east. Great opportunity for family or friends who want to build next door to each other. Or if you want a larger parcel buy them both. Listed at **\$84,900** for one and **\$94,900** for the other.



AFFORDABLE FAMILY HOME IN REDWATER

Great opportunity to own this 3 bedroom 2 bathroom home with a double attached garage and just under 1500 sq ft of living space. The entire upper floor can be a spacious primary suite with 4 pce bath or fantastic play area for the kids-flexible to suit your lifestyle. The main floor features an open kitchen/



living room, 2 bedrooms, 4 pce bath plus a handy space for home office right off the the living area. Step outside to enjoy the private, treed backyard with a deck and hottub-perfect for relaxing or entertaining. Upgrades include some windows, high efficient furnace and 2 jetted tubs. This home offers comfort, great value, and room for your family to grow, all in a quiet Redwater neighborhood, close to schools and parks. **\$249,900. Call Janine to view.**



OUR DREAM BUILD AWAITS!

1.52 Acres of sloped land in the Hillsborough subdivision! Great

opportunity to build a beautiful walk out home, with mature trees at the back of the property offering privacy from the neighbors. ON PAVEMENT all the way to Hwy 28, 10 mins from Gibbons and 30 mins from Edmonton. **\$180,000. Call Glenn for more info.**



GLENN FISHER TEAM



REAL ESTATE

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