

A sister publication to The Review, Redwater, Alberta

Seniors transforming anti-fraud education by bridging the language gap

By Stephen Dafoe

In the battle against online fraud, a group of seniors in St. Albert, led by Linda Ensley, the Executive Director of the St. Albert Seniors Association, decided it was time for a change. Frustrated by previous anti-fraud training that seemed to be missing the mark, these seniors took matters into their own hands. Their revelation? The problem wasn't with them; it was with the language.

Ensley said the course began after several seniors approached her, saying they had been defrauded. Despite having previously taken anti-fraud training through police or other agencies' resources, the message was still not getting through.

"We sat down and did a focus group with these beautiful, open and wonderful seniors who were willing to tell us why it was that they kept getting defrauded and what it was that they weren't understanding that was keeping them from being protected," Ensley said. "Here's what they told us. They didn't understand the language that we were using."

Ensley cited an example of a senior in her 80s who was left utterly confused by the term for a web address – URL (Uniform – Resource Locator), which sounded like the word urinal to her and understandably made no sense regarding how that might be a caution for online fraud awareness.

"If you are hard of hearing a little bit, and you have no context for what a URL is, it sounds like a urinal," Ensley said.

Noting that it was the program designers

Continued on page 5

STOP THE SCAM

- If you receive a call from someone that is claiming to be a representative from your service provider. Let them know that you will call them back and end the call. When you are wanting to contact your service provider, find the legitimate phone number of the company and make the outgoing call.
- Never provide personal information or financial information over the phone unless you are the person that initiated the



A Tirolerhut (Tyrolean hat) and a pint of beer, two well-known symbols of Oktoberfest, sit on a bar top. The Morinville Curling Club will host Oktoberfest on Saturday, September 23. - **Stephen Dafoe Photo**

By Stephen Dafoe

Globally, Oktoberfest runs from Saturday, Sept. 16 to Tuesday, October 3, but the Morinville iteration of the German celebration will take place on Saturday, September 23 at 7:30 p.m. at the Morinville Community Cultural Centre.

Past President and Morinville Curling Club Director Gary Kearns said the club was looking for a date for a fundraiser, dance, and silent auction with an eye on the fall ahead of the curling season.

"September 23 was open to us, and what a wonderful opportunity to put together an Oktoberfest in the town because there hasn't been one in quite a while," Kearns said. "We thought – it's just before the curling season starts, and so we can generate some potential interest in the community. Folks that are interested would still have time to sign up. It's a nice kickoff for the curling season as well." The September 23 event will have a dance with live music by The Hedstroms, a silent auction already growing with donations, a 50/50 draw, a food truck with Bratwurst dogs and other food items, and beer, including German beer.

Kearns explained that the Morinville Curling Club was doing fine financially before the pandemic, but pandemic restrictions affected that, necessitating some additional fundraising.

"We weren't able to curl, and when we were able to curl, it was in a limited fashion," Kearns said. "During that period of time, our revenues dropped substantially, and our expenditures increased. So, prior to COVID, we were flush, and post-COVID, we are really in a pickle with not a really good financial situation."

Kearns and the other organizers hope the community will assist the fundraiser by coming out for the evening on September 23 for live music and an entertaining evening with lots of fun and frivolity. "Oktoberfest has been around for over 200 years, starting first in Germany, and it's a worldwide phenomenon," Kearns said. "If you haven't been to an Oktoberfest, come out and sample ours. You won't be disappointed."

Tickets for the event are \$15 each and available at Sobeys Morinville, The Morinville and District Chamber of Commerce Office, online at Eventbrite or by contacting the curling club at info@morinvillecurlingclub.com.

"We're hoping this may turn into an annual event where residents from the town and surrounding area will be able to celebrate with us the amalgam of the great sport of curling with the traditional celebration of Oktoberfest," Kearns said, adding tickets are limited to 375. "So, Hurry Hard to pick up your tickets."

- call to the agency or institution.
- If you are requested to ship a cellphone that you received to an unknown address, never do it! Ship the cellphone to the verified address of the service provider instead.

Tips to stop a Cellphone or Internet Service Provider Scam

cicile co.

Anyone wishing to donate items to the silent auction can call Gary Kearns at 587-222-3408 or visit MorinvilleCurlingClub.com and contact the president or vice president.



Applications accepted until September 22, 2023

The Town of Morinville is currently accepting applications for **SNOW HAUL CONTRACTORS**



Interested contractors wishing to provide snow hauling support this winter season should apply by visiting: **www.morinville.ca/snow**

Double Diamond 4H Multi Club

By Club Reporter Quaid Sonnenberg

Each member of the club did a great job of representing 4-H over the past year. It was a great year filled with lots of memories that will never be forgotten.

Every one of the projects kept the members very busy by doing a variety of workshops to improve and develop new skills.

Beef members regularly attended workshops to improve upon their judging and showmanship ability's. This was all toped of with the annual achievement day that was a terrific representation of how much the members put into their animals.

Vet Science members learned a lot of new information regarding to animals. It was a great year in which every member enjoyed. They attend a variety of workshops about many different topics such as how to dehorn a steer, floating a horse's teeth and they also learned about the respiratory system.

Horse members attended riding workshops each month. They had a great time doing a bunch of different activities that helped them become a more complete rider. This was ended by an achievement day at Meakin's arena.

The achievement day was a fantastic time spent completing different challenges and obstacle courses. It was a great way to complete the year.

Explore 4-H members attend a bunch of fun workshops which included cooking and baking, visiting an apiary, growing vegetables as well other fun things. The members had great time! They ended the year with their achievement day where members did a skills challenge.

Small engines members worked on their engines all year long.It was a very good learning experience for the members. Their achievement day was a lot of fun. Their engines were judged, and they had burgers and hotdogs at the projects leader's house.

Members also worked on their judging throughout the year. They attended the Regional Judging Competition at the Barrhead Ag Barn.

A group of members also attend the Provincial Judging Competition at Lakeland College. It was an amazing experience and hopefully a team will attend next year.

The 2022-2023 year was completed with a banquet at Busby Hall on August 30, 2023. It was a fantastic time in which members received their long-awaited awards. Please see the list of awards below:

Club Champion Steer – Haisley Sonnenberg Reserve Champion Steer – Tanner Felske Champion Heifer – Ella Huot

Champion 2-year-Old Cow/Calf - Ella Huot Champion 3-year-old Cow/Calf - Garrett Felske

Top Int. Small Engine Project – Brock Beauliua

Top Jr. Small Engine Project – Riley Bowers Top Int. Vet Science Project – Haisley Sonnenberg

Top Jr. Vet Science Project – Derek Snyder Explore 4-H Project Gifts –Chelsea Beaudin,

Kyia Ford, Kiara Burnstick, Kaira Chamzuk, Cassie Storms, Dava Semler.

Top Jr. Horse Project – Janessa Lawrence

Top Int. Horse Project – Ella Huot

Top Sr. Horse Project – Katey Tufty

Top Sr. Judge – Garret Felske Top Int. Judge – Quaid Sonnenberg

Top Ir. Judge – Tanner Felske

Jr. Steer Record Book – Tanner Felske

Jr. Heifer Record Book – Tanner Felske

Jr. Cow/Calf Record Book – Tanner Felske

Int. Steer Record Book – Ella Huot Int. Heifer Record Book – Ella Huot

Int. Cow/Calf Record Book – Ella Huot

Sr. Steer Record Book – Macy Kaliel

Sr. Heifer Record Book – Garrett Felske

Sr. Cow/Calf Record Book – Garret Felske

Jr. Small Engines Record Book – Riley Bowers

Int. Small Engines Record Book – Brock Beauliua

Sr. Small Engines Record Book – Chloe Bowers

Jr. Horse Record Book – Janessa Lawrence

Int. Horse Record Book – Ella Huot

Sr. Horse Record Book – Katey Tufty Jr. Explore 4-H Record Book – Dava Semler

Sr. Explore 4-H Record Book – Kiara Chamzuk

Jr. Presentations - Tanner Felske

Int. Presentations - Ella Huot

Sr. Presentations – Jenna Snyder

Jr. Public Speaking – Mikayla Normandeau

Int. Public Speaking – Chloe Bowers

Sr. Public Speaking - Macy Kaliel

Top Rate of Gain – Derek Snyder George Sim Memorial (Most Sportsmanlike

Beef Member) – Garrett Felske Bob Burns Memorial (Most Improved Judge)

– Ella Huot

Top First Year Member – Elise Meakin, Janessa Lawrence, Dava Semler

Cleaver Awards – Jemma Mahe, Rebecca Lawrence, Kaci Ford, Cailin Stoby, Joe Perreault.

Each year 4-H is a great time in which you are encouraged to learn new skills and meet new people. Members that will be joining in the upcoming year can expect to have an enjoyable experience.

Double Diamond 4H Multi Club reorganizational meeting will be held October 2, 2023, at 7pm at the Busby Hall. Can't wait to see you there!

Connecting the Community 2023 State of the County Address and Open House

Join us to hear from Mayor Alanna Hnatiw about the exciting things to come as part of the 2023 State of the County Address.

Following Mayor Hnatiw's presentation, there will be an opportunity to speak to Council and County staff and learn more about what we're doing and how we are building a bright future for Sturgeon County.

We're holding two events, pick the one that works better for you!

Doors: 6:00 pm **Mayor's Address:** 6:30 - 7:00 pm **Open House:** 7:00 - 9:00 pm Light snacks and beverages will be provided.

Register today! www.sturgeoncounty.ca/stateofcounty

September 19

6:00 - 9:00 PM Calahoo Hall, 54500 Range Road 275



September 21

6:00 - 9:00 PM Edmonton Garrison - WOs' & Sgts' Mess Building 210, Ortona Road, CFB Edmonton

Please note: Guests attending at the Edmonton Garrison should bring their government-issued photo identification.

***Bonus!** Attend the Edmonton Garrison starting at 5PM for a tour of the recreational facilities.





Take Our Money

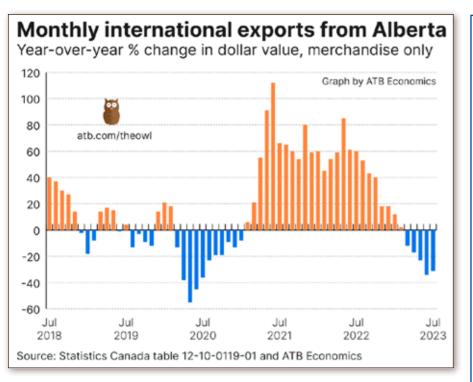


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Current export value overshadowed by last year's record high

The dollar value of Alberta's international merchandise exports was higher in July than in June .

However, exports continued to trend well below the record-setting levels seen last summer when energy and agriculture prices soared.

The value of the goods Alberta exported to foreign markets increased by 1.9% in July compared to the month before, but was down by 31% compared to 12 months earlier - the fifth year-over-year drop in a row.

While Alberta's exports have come off their peaks, they were 11% higher than in July 2021.

Representing about three-quarters of the total value of Alberta's international sales, energy exports almost single-handedly account for the year-over-year (y/y) pullback, falling 37%. It's a similar story for chemicals (-19% y/y) and forest products (-37%), which have both come off last year's peaks.

While agriculture exports were higher than last July (+9%), they too have come off their unusually high levels posted last fall, winter and early spring.

The port strikes in BC influenced the July trade numbers for Canada.

Statistics Canada reports that exports leaving BC Marine terminals fell 23%, with declines in exports to Japan, South Korea, and India.

However, with grain terminals remaining open, exports to China rose as a result of higher canola shipments. Alberta saw declines in its exports to several Asian countries between June and July but this was more than offset by higher exports to the U.S.

AUCTION

Online REAL ESTATE AUCTION, Closing Oct 5th, 2pm Selling For Darjon Investments, PH Darlene (780) 722-2928

#1. Condo, **Gibbons**-Fully finished two-story unit, 3 bedrooms, 1 & 1/2 Bathrooms, Approx. 1145 sq ft, all appliances included, fenced yard, Condo Fee currently \$140 per month, Taxes \$1504 per year.

#2. 0.57 Acres Hiway Commercial. Address: 5028 47 Ave, Bon Accord- partially Fenced, City Services Available, Signs Pylons in Place, 2 Front Entrance's, Partial Gravel. Environmental Complete and Available **#3. 2.47 Acres. Address: 56511 RR 222, Sturgeon Country**-Zoned Heavy Industrial, Taxes \$854 per year.

#4. Property known as **MainStreet Public House**. **Address: 4920 50 Ave, Gibbons**-2011 Build! BUILDING & LAND FOR SALE!! Currently operating as a fully licensed restaurant & bar with a private VLT area & presents an oversized kitchen (floor plan available) and rear loading bay with lots of leasehold improvements. Located on a busy main street in Gibbons Alberta with a high traffic exposure, this NEWER building with recent Improvements of over \$150k is located on an approximately 11,700 sq ft lot (0.269 Acres) and features a 5850 sq ft interior of quality finishing. Explore your options with this 5850 sq ft building that is equipped with 400-amp power, draft proof spray on insulation and lots of on-site parking. This is a 10+

#5. Kicks Building & Land, Redwater- FANTASTIC UPGRADED Building and Land for sale!!! This well-known establishment now has a new Dual license to include family dining, a new 5-year triple net lease of \$5,250 a month with the option to renew for an additional 5 years. The Sellers have renovated the kitchen to a newer and much larger area for prep, storage & organizing etc. The reno/upgrade also included a new private VLT room with bar and the new family area for fun and dining. This dynamic family dining/bar/grill has been in operation for over 25 plus years and Boasts: Family dining, private VLT area, new kitchen (newly upgraded in first 1/2 of 2022. Walk in freezer, walk in cooler; 400-amp service, outside patio with room for an additional patio for summertime expansion. Western theme is throughout plus a western exterior too and yes even a hitching post for the horses!!! This is a great opportunity & you won't be disappointed!!.

All Properties are Selling Subject to Owners Approval & Subject to Prior Sale.

Register with www.liveauctionworld.com





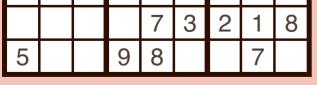
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Hearing Evaluations <u>Gibbons</u> Wednesday, September 20th



SEE SOLUTIONS PAGE 6

LEVEL: BEGINNER

Fun By The Numbers: Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you squeare off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



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Breakfast and lunch are included.

TOPICS INCLUDE

- Mental Wellness
- Memory Checkup
- · Power of the Pharmacist
- Ask A Dietitian
- and more!

REGISTER TODAY!





Use your smartphone's camera to visit the event registration webpage.

EVENT PARTNERS:









THURSDAY OCTOBER 5

PEMBINA PLACE, REDWATER 8:15 A.M. - 3:30 P.M.

55+ Years Old \$10.00 Breakfast and lunch are included.

TRANSPORTATION IS AVAILABLE!

Busses will run from RQB/Morinville, Legal, Calahoo/Villeneuve, and Bon Accord/Gibbons.

CONTINUED FROM PAGE I

Seniors transforming anti-fraud education by bridging the language gap

and writers at issue and not the seniors who lacked the terminology, they set out to simplify the fraud prevention information.

"It's our fault that we were not being basic enough. They didn't really understand how the Internet worked, what to look for, and how to understand the language. Even the language on the Canadian anti-fraud site, which is good, was not working for them because the language was not basic enough," Ensley explained.

Ensley pulled together twenty-five groups, roughly 100 seniors, representing various languages, cultures, and backgrounds to remedy the situation. Participants ranged from 50 to 100.

"We put them in these focus groups, and we hired some writers to begin to write us anti-fraud material," Ensley said. "We handed it over to them and let them come back with 'we don't understand this. We don't understand that. This makes no sense. That makes no sense.' We started from ground zero and used over 100 seniors to help us clean this up."

Ensley said the seniors for whom English is a second language were particularly helpful in ensuring the language used was more translatable. The program is available in seven different languages.

"It was really excit- can do ing," Ensley said of a time.

the work for which she wrote and successfully received a grant to develop the program. She notes the project was a partnership between the Edmonton Senior Centre, St. Albert Seniors Association, and the Chinese Seniors Association with funding from the Edmonton Community Foundation. "The three of us got together and worked our tooshes off and got this website built."

Ensley says the results have been positive since the site's launch. Recently, she received an email from a senior who found the courses valuable, having been a target of an attempted

scam. "We want as many people as possible to know how easy it is to cause financial harm to not only seniors but 'youngsters.' We are in our mid-70s, so this technology is difficult to negotiate," the letter read. The website, located at https://seniorfraudalert.ca, includes information and even videos, all acted by senior actors, to help those taking the online program navigate and avoid the world of online fraud.

Ensley hopes area seniors will take the online program to help keep someone's hand out of their pockets.

The course can be taken all at once, taking a couple of hours, but it is also broken into segments so participants can do the course a bit at a time.

SPOT THE SCAM Cellphone or Internet Service Provider Scam Clues

Family and Community Support Services 780-939-8334 | programs@sturgeoncounty.ca SturgeonCounty.ca/Programs





Q Your cellular, landline, or internet service provider will never ask for your social insurance number, driver's license number, or other sensitive information.

Q Your cellular, landline, or internet service provider will not contact you to promote deals, unless you have signed up to receive email newsletters from your service provider.

Tips to spot a Cellphone or Internet Service Provider Scam

A white-breasted nuthatch has a late afternoon snack. – **Stephen Dafoe Photo**

For advertising contact: Shauna at 780-222-2016 or email *morinvillepress@gmail.com*





Seniors from various parts of the county gathered in the Town of Legal to relish an afternoon of music and entertainment during the 2nd annual "Seniors in the Park" event. This delightful gathering took place last week beneath the Citadel Park gazebo.





#TOWNOFLEGAL #OURCOMMUNITYOURPASSION #LEGALHISTORY

Throwback Thursday in Town of Legal

It's back to school! What was your favourite memory of school year's past? Did you know the first site of Legal School in 1909 was located approximately 1/2 mile south of the intersection of 50 Street and 50 Avenue, and was often referred to as the "Mercier School". The building that housed Legal School was moved a couple of times until it found its home at it's current location.



HOROSCOPE ARIES (March 21 - April 20)



Aries, a goal you have been working toward is nearing completion. Take time to reflect on all it took to make the goal come to fruition.



Taurus, try to get away on a vacation, even if it's just a weekend jaunt. There's never been a time you could use a little getaway more than right now. Push this into the priority zone.





Gemini, it is time to get more movement into your daily activities. Don't you want to be in the best possible health? Incorporate more exercise gradually with activities you enjoy.



A partnership will get even stronger this week, Cancer. It could be a relationship with a spouse or even a business partner. You'll benefit from this added strength.



You may take immense pleasure from doing mundane chores this week, Leo. Washing windows, organizing the garage, sorting through unused clothes E these are all things to keep busy.

VIRGO



Your chart lands you in the sector of romance, creativity and passion this week, Virgo. Embrace all of these elements in your life to the fullest.



Libra, even though you have been a veritable social butterfly lately, you may need to rest your wings for a little bit this week. Slow down and stick closer to home.



Scorpio, people might be quick to call you mysterious this week, but you just might be an open book. Share as much as you desire with others.

SAGITTARIUS



Sagittarius, define what you consider valuable, then do everything in your means to pursue those things. Setting goals can help.



Capricorn, get ready to take center stage these next few days and bask in the limelight. Everyone seemingly wants to get a piece of you and you might be pulled in different directions.



You are coming off of a season of easy living, Aquarius. But don't expect the apple cart to be upset. The times of smooth sailing have only just begun.

PISCES

(February 19 - March 20)



It's all about team spirit right now, Pisces. Don't do anything alone for the next several days. You need people in your corner cheering you and others on.

PUZZLES SOLUTIONS

A small plane passes in front of an orange moon

in A yellowrumped



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6	4	9	5	7	3	2	1	8
5	2	3	9	8	1	4	7	6



warbler plays peek-a-boo behind some elm leaves. – Stephen Dafoe Photo



Free Press

SMALL ADS

Announcements

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Employment

Deadline: Thursday 2:00 p.m. Phone 780-222-2016 E-mail: morinvillepress@gmail.com.

Classified Word Ads require Payment with Order. Low cost - high circulation. Your ad will also run free

in the Redwater Review. Up to 25 words: \$15.00 per week, GST included. Additional words: 50c/each.

NOLTE APIARIES at 55503 Rge Rd 260 Sturgeon County, AB. T8R 0T6. Seeking 4 Apiary Technicians 3+ yrs experience in Canadian commercial beekeeping. Education not required. Salary \$16.52 - \$24/hr. Job duties: bee colony management, honey harvesting. Seeking 6 Apiary workers wage \$16.52-\$22/hr. 1yr experience & education not required. Job duties assist with bee colony management & honey harvesting. Valid driver's license an asset. Apply e-mail bee.farmerjob@gmail.com.

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Rental. 1-888-483-8789.

WE BUY DAMAGED GRAIN -Heated, Mixed, Tough, Light, Bugs, Spring Thrashed... Barley, Wheat, Oats, Peas, Flax, Canola. "On Farm Pickup". Westcan Feed & Grain 1-877-250-5252.

For Sale

WHITE SPRUCE TREES: 5' average \$50. Installation ONLY \$19. Includes: hole augered, Wurzel Dip enzyme injection, bark mulch application, staking. Minimum order 20. One-time fuel charge: \$125-150. Crystal Springs. 403-820-0961. Quality guaranteed.

Health

HIP/KNEE REPLACEMENT. Other medical conditions causing TROU-BLE WALKING or DRESSING? The Disability Tax Credit allows for \$3,000 yearly tax credit and \$30,000 lump sum refund. Take advantage of this offer. Apply NOW; quickest refund Nationwide: Expert help. 1-844-453-5372.

<u>Pets</u>

TO GIVE AWAY to a good home a calico cat. Five years old female.

Her name is Mocha. She is spayed and has all her shots up to date. An indoor cat only. Very sweet, loving and affectionate with people. She is not good with other cats. Not declawed. If interested please call Loretta at 587-219-1094. If I'm not there please leave a message.

Services

CRIMINAL RECORD? Why suffer employment/licensing loss? Travel/business opportunities? Be embarrassed? Think: Criminal Pardon. US entry waiver. Record purge. File destruction. Free consultation. 1-800-347-2540. www.accesslegalmjf.com.

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Paddlers make their way across Heritage Lake, just outside Morinville on a sunny day, Saturday, August 26. – **Stephen Dafoe Photo**



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Household Hazardous Waste Roundup Saturday October 7 from 10 a.m. to 2 p.m. Gibbons Cultural Center



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