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Vol. 33 No. 11

Morinville, Gibbons, Bon Accord, Legal, and surrounding areas

Wednesday March 15, 2023

A sister publication to **The Review**, Redwater, Alberta

Morinville athletes off to Whitecourt for weekend powerlifting competition

By Stephen Dafoe

Three Morinville residents aged 11 to 61 are putting months of training into play this weekend to compete in a Canadian Powerlifting League tournament in Whitecourt, March 18 and 19.

Marion Peterson, Scott “Crusher” Wallace and his son Cole Wallace will lift heavy things in three categories on Sunday, March 19.

Peterson is competing in the middle-weight masters 60-65 category, Scott Wallace in the heavy-weight masters 45-50 class, and Cole Wallace will be at the event as a guest lifter, due to the minimum competitor age being 13.

Both the senior Wallace and Peterson will compete in the whole gamut of the bench press, squats and deadlifts; Cole Wallace will focus exclusively on his deadlift, which is

currently north of 250 pounds.

This weekend’s competition is a first for 61-year-old Marion Peterson, an aerobics instructor in her 20s, has had a life-long love of athleticism.

Last summer, Peterson started training with Wallace and liked weightlifting so much that she decided to ramp it up to compete.

“I think the training and prep was amazing; I loved the journey,” Peterson said of the past several months’ efforts. “I learned so much in this training. It’s made me stronger. I’m truly thankful to Crusher for pushing me and believing in me.”

Peterson went on to say that although she hopes for a win, she is proud to have had the opportunity to compete.

Wallace, previously named Washington State’s Strongest

Continued on **page 2**

From left: Morinville residents Scott “Crusher” Wallace, Cole Wallace and Marion Peterson are off to Whitecourt this weekend to compete in a Canadian Powerlifting League tournament.



Weekend tournament sign Mavericks Hockey is growing

By Stephen Dafoe and Morinville Online

The Morinville Mavericks hosted their 2023 Fun Team Hockey Tournament over the March 4 weekend, gathering together ten teams for 14 games. Each team played three games. The games took place at the Morinville Leisure Centre and Legal Arena.

Continued on **page 4**

The Morinville Mavericks (Reddon team) won 7-3 over the Sangudo Cyclones in the fourth game of a 14-game weekend tournament on Saturday, March 4. The Fun Team Hockey program tournament brought together ten teams from around the region and beyond. – **Stephen Dafoe Photo**

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The Morinville & District Chamber of Commerce hosted an International Women's Day Celebration at the Morinville Community Cultural Centre on Thursday, March 9. The evening began with a Sip and Shop with wine, charcuterie boards and an opportunity to shop with seven Morinville and Sturgeon County women's businesses. The formal program included a guest speaker who will talk about the importance of setting boundaries, an interactive segment called What Colour is Your Personality, and a panel of women entrepreneurs. - Lucie Roy Photos



CONTINUED FROM PAGE 1

Morinville athletes off to Whitecourt for weekend powerlifting competition

Man, B.C. and Alberta's Strongest Man, and won a national competition in his class, learned he had metastatic carcinoma cancer and had surgery in December of 2021.

After battling his way through treatment to start training himself and others again, doctors told him the disease had travelled last summer, and he now had stage 4 cancer in his spine, femur, and liver.

The athlete's training of himself and his training partners has primarily occurred during multiple rounds of chemotherapy and controlled amino acid therapy.

"Finally getting my [weight lifting] numbers back to respectability has been a huge accomplishment," Wallace said.

"A lot of people wrote me off due to my ongoing cancer battle over the last 14 months or so. For me to be able to overcome the surgery, the radiation, the chemo, and then ongoing immunotherapy and still be able to do what I do and get back to that level is actually really unbelievable.

So, I'm pretty proud of that."

With a long career in strongman sports, competition is nothing new for Scott Wallace. However, the upcoming powerlifting competition is a first for him.

"I'm really just proud that considering all the external factors I'm dealing with, I'm able to train and compete in something strength related," he said, adding he does not have any big expectations this weekend.

"I do have my sights on a couple of records that might be reachable, so I'll see how it goes on game day. It's been a fun process training and learning about powerlifting as there are some big differences between that and Strongman."

Weigh-in and equipment check for the three Morinville athletes takes place on Saturday, March 18. The three will compete on Sunday, March 19. The two-day event is the Alberta provincials leg, with the top athletes going on to nationals later this year.

AGM ANNUAL GENERAL MEETING

THURSDAY APRIL 6, 2023, 7:00 pm

Bon Accord Community School, Hwy 28 RR240, Bon Accord, AB

For Zone 2 members, there will be a Board of Director Vote (see www.npprea.ca for more info)

Pre-registration is required
Call to register 1-866-398-2001 or email: contact@npprea.ca

ANNUAL GENERAL MEETING

ELECTIONS TO BE HELD FOR 3 POSITIONS ON THE BOARD OF DIRECTORS.

Nomination Packages can be picked up at Coronado Gas Co-Op office.
Closing date of March 22, 2023

MEETING TO BE HELD AT CORONADO UNITED CHURCH ON WEDNESDAY, APRIL 5, 2023 STARTING AT 7:00 P.M. ALL MEMBERS WELCOME!

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SEE SOLUTIONS PAGE 6

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Find the words hidden vertically, horizontally, diagonally, and backwards.

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| CROCHET | LOOP | ROW | YARN |
| | OUNCES | SIDE | OVER |
| | PLACE | SINGLE | |



Councillor Scott Richardson is now Deputy Mayor for the Town of Morinville. The position of Deputy Mayor rotates among Council members, each serving an eight-month term. Deputy Mayor Richardson will hold the position from February 28 to October 24.

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 **Early bird deadline is April 16, 2023**

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Each Additional 10m	\$494	\$187.20	\$118

A late fee of \$100 is applied to orders received after April 16, 2023. No orders will be accepted after May 17, 2023.

Download application forms:
sturgeoncounty.ca/dust-suppression

Questions?
 Call: 780-939-4321
 Email: dustsuppression@sturgeoncounty.ca



Town of Gibbons MAILING OF ASSESSMENT Tax Notices

Notice is hereby given that the assessment notices for all property held in the Town of Gibbons were mailed on March 10, 2023, in accordance with Section 308 and 311 of the Municipal Government Act, M-26, 1 RSA 2000.

All assessment notices are deemed to have been received seven (7) days after mailing within Alberta and fourteen (14) days outside of the province.

Any person who wishes to appeal their assessment must, by May 19th, 2023, register a complaint on the Assessment Review Board Complaint Form, which are available at the Town Office or on our website at www.gibbons.ca.



YOUR CAREER AD AT
WWW.MORINVILLEPRESS.COM

CONTINUED FROM PAGE 1

Weekend tournament sign Mavericks Hockey is growing

The program is run locally by Jason and Kimberly Wood, who took the program over in 2020. Jayson is the Mavericks' president, and Kimberly is the secretary.

Jason Wood said the association hosts an annual tournament for all Northern Alberta FunTeam Associations, but due to the recent transition of the program, they chose to host a smaller Senior Tournament to become familiar with the process.

"This year, we chose to host an intermediate tournament to see every FunTeam Hockey Club & Community send a team, from as far as Mayerthorpe and Sangudo to as close as RQB," Jayson Wood said.

"For FunTeam to date, this will be the largest youth hockey tournament held in Northern Alberta, and we would certainly like to see it grow in future years to come."

The Mavericks are part of Fun Team Hockey, a program that sees itself as a local alternative hockey program focusing on the value of providing an affordable youth hockey experience, complementary to other organized hockey leagues, without the extensive commitment to being competitive.

Wood said over the past couple of years, the program has continually developed a foundation for future success.

"We have seen a 32 percent increase in registrations, established a Board of Directors consisting of five Executive Positions and four supporting positions, while also expanding our player development to now include a weekly practice solely dedicated to goalie skill development and mentoring," Wood said.

Currently, the Mavericks have



The Morinville Mavericks (Dohms) won 9-7 over Rich Valley (Nowicki) on Saturday, March 4, in the seventh game of the 14-game tournament. — Stephen Dajoe Photo

four teams, each comprising 16 to 20 players.

The teams are divided into one Beginners team (ages 6-8), two Intermediates teams (ages 9-11), and one

Juniors team (ages 12-14) amalgamated with the Seniors (ages 15-17).

"Our Beginner and Intermediate groups are quite popular and are primarily made up of families who recently joined our program over the past few years," Wood explained.

"We find that this is the age range where youth love being on the ice and playing the game, but don't necessarily enjoy the heavier commitment that comes with participating in their local Minor Hockey Association. As for parents, our program provides an opportunity for their child to play hockey while lessening the financial burden placed on families."

Wood said a new program will be introduced in the summer to further support local families to enjoy hockey with the Mavericks.

"Local businesses have stepped up and committed to sponsoring the registration fees for a player for the coming season," Wood said. "We will also introduce an early fall hockey equipment swap for Association families to assist in the rising cost of hockey gear."

The Woods are grateful for the ongoing passionate support of the volunteers and sponsors, which is necessary for the program to exist.

"From Christina Snodden, our Treasurer, who has established the association's core functions from scratch, Dustin Reddon, our Vice President, who provides invaluable insight and leadership in coaching and policy, and curated our first by-laws this past year, or to Kimberly Wood, our secretary, who is the pillar of immeasurable support and the glue of the whole organization," Wood said.

"All of our parent volunteers see the difference in the Mavericks organization and how it benefited their children. Those parents and many more volunteers give because they want to be a part of that difference."

Wood went on to say the primary purpose of the Mavericks Association is to provide an affordable opportunity for youth to be a part of a team and play hockey.

"We have succeeded at keeping our annual registration fees at an affordable price point due to the generosity of the local business community," he said.

"Their willingness to support our mission is invaluable, and because of this support, we can open the program to more families each year."

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APRIL 26

ST. KATERI TEKAKWITHA ACADEMY (SKT) @ 6 PM

MAY 4

GEORGES H PRIMEAU SCHOOL (GHP) @ 4:30 PM - 6:00 PM

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The Sturgeon U11 AA team had a special guest at their practice on March 6. Former NHLer Chris Joseph popped by to give the team some tips. Joseph played in the NHL from 1987 to 2006 and played for the Pittsburgh Penguins, Edmonton Oilers, Tampa Bay Lightning, Philadelphia Flyers, Vancouver Canucks, Phoenix Coyotes and Atlanta Thrashers.

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Michael Mitchell



It is with sadness we announce the passing of Michael Mitchell of Gibbons, Alberta who died on Thursday, March 2, 2023 at the age of 84 years. Michael was a loving and caring person who was always willing to help others. His retirement years were spent at Spruce View Manor in Gibbons, Alberta where he called home. He will be dearly missed by all who knew him. A funeral was held and Michael was laid to rest at St. Emerence Roman Catholic Church Cemetery in Rivière Qui Barre, Alberta.

Arrangements entrusted to the care of
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PUZZLES SOLUTIONS - WORD SEARCH

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Grade 5 science students at a Catholic school conducted an experiment in which they grew their own crystals using super-saturated solutions.



At Legal Catholic School, science students had the opportunity to engage in practical learning experiences. For example, fourth-grade students were able to create their own mobile devices and vehicles, while third-grade students worked with diverse materials to construct various objects.

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Announcements

CANADIAN LORD'S DAY ASSOCIATION - For the purpose of preserving the sanctity of the Lord's Day (Ex. 20:8-11) Obedient to Thy summons, Lord, We to Thy sanctuary come; Thy gracious presence here-afford, And send Thy people joyful home; Of Thee our King O may we sing, And none with such a theme be dumb! **YOUNG PEOPLE'S HYMNAL C.L.D.A.** Box 1369 Picture Butte TOK 1V0.

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