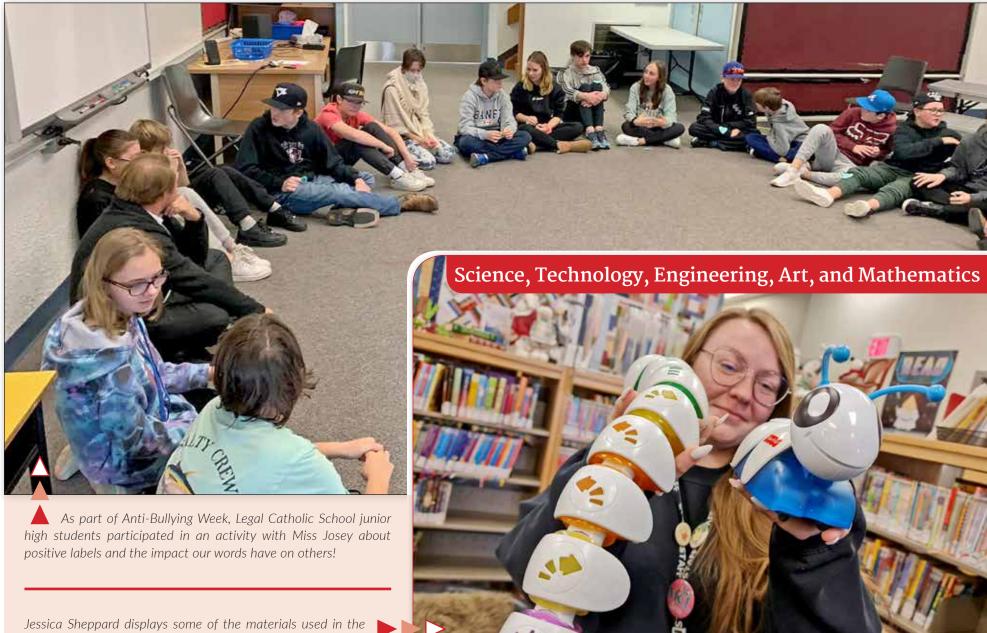


Vol. 32 No. 47Morinville, Gibbons, Bon Accord, Legal, and surrounding areasWednesday November 23, 2022A sister publication to The Review, Redwater, Alberta



Jessica Sheppard displays some of the materials used in the library's Studio Creative Club, which explores the disciplines of Science, Technology, Engineering, Art, and Mathematics. – **Stephen Dafoe Photo See article on page 2**





BRING YOUR EMPTIES



Shop local for the chance to win great prizes

Shop 7 in 7 & Win Contest **Returns for the Holidays**

The highly anticipated Shop 7 in 7 & Win Contest is back, just in time for the holiday shopping season!

Morinville and Sturgeon County residents are encouraged to shop in Morinville between November 26 and December 31 to enter for the chance to win great prizes from local retailers.

Residents can participate in the Shop 7 in 7 & Win Contest by submitting a photo of seven purchase receipts for the week to be entered into a weekly draw to win a \$100 gift card from a Morinville retailer of the winner's choice.

Five weekly draws will take place. At the end of the promotion all eligible entries will be entered into a grand prize Morinville prize pack valued at \$500. No minimum purchase is required.

- Week 1: November 26 December 2
- Week 2: December 3 9
- Week 3: December 10 16
- Week 4: December 17 23
- Week 5: December 24 31

"The Shop 7 in 7 & Win initiative gives us all the opportunity to thank local businesses, not just for what they sell, but what they do in the community that can't be measured in dollars and cents." says Stephen Novak, Economic Development Officer with the Town of Morinville.

"We hope this initiative encourages the



community to support local, whenever possible, and to step out and visit new or different businesses."

Visit the 'Shop 7 in 7 & Win Holiday Edition' at www.engagemorinville.ca for complete contest details, rules and regulations.

Anyone wishing to promote the Shop 7 in 7 & Win Contest in their place of business are encouraged to email stephen.novak@morinville.ca to request free promotional material.

Library's STEAM club explores a variety of disciplines

Continued from page 1

By Stephen Dafoe and Morinville Online

The Morinville Community Library has started a STEAM club, but it's not about turning water into vapour - although it could be.

STEAM stands for Science, Technology, Engineering, Art and Mathematics, and the Library is starting its Studio Creative Club to explore those topics for students aged 9 to 12.

"We're going to be meeting Mondays and Wednesdays from 4 p.m. to 5 p.m.," said Morinville Community Library Program

Coordinator Jessica Sheppard.

"We're going to be doing science experiments; art projects - we're going to be playing board games, and it's just to promote creativity in different areas of life."

The Library has already held two events, and the next scheduled dates this month are Monday, November 21 and November Wednesday, 23.

Sheppard said all the upcoming dates are on the Library's website at MorinvilleLibrary.ca.

Registration is required and can be done at the Library.



(NC) Most Canadians have some form of debt. Not all debt is bad - for example, taking out a student loan can be an investment in your future. But borrowing is something to do wisely - using credit to spend beyond your means can put your budget out of balance. If you need to borrow money, here are some things to keep in mind.

Shop around for the lowest interest rates

When applying for a credit card, try the Financial Consumer Agency of Canada's online credit card comparison tool. It examines the interest rates, features and reward programs of many credit cards. The tool offers unbiased, trustworthy information.

If you regularly carry a balance, a low-interest rate card could be the way to go. But if you use your credit card for most of your purchases and pay it right back as you go, getting one with a rewards program could be beneficial to you.

Shopping around is also key when getting a mortgage. Take some time to compare different options such as variable and fixed interest rates, and open and closed mortgages.

Think twice about "buy now, pay later" offers

Some retailers, such as furniture stores, may offer you credit at 0 per cent interest for a certain term. Be sure to read the fine print and remember to pay your balance in full by the time it is due. If you don't pay off the balance by this time, the fees and high interest rates will add to your debt load.

Consider the following before you take out a loan or a line of credit:

• Do you need the money now or could the expense wait until you've saved for it?

• Do the monthly payments fit into your budget?

• Will you still be able to afford the payments if interest rates change?

What happens if you miss a payment?

You can find more practical tips and tools to help you borrow wisely at canada.ca/financial-literacy-month.

Public Notice to Electors of the Town of Bon Accord

Debenture Bylaw 2022-19 Municipal Borrowing Bylaw – Capital - Arena

Section 251 – The Municipal Government Act

Take notice that the Council of the Town of Bon Accord, in the Province of Alberta, has given first reading to Borrowing Bylaw 2022-19 which will, upon final passage and approval, authorize the proper officers of the said Town to borrow monies from Alberta Capital Finance Authority to pay for the cost of the following capital project: Bon Accord Arena Ice Plant Project

Chamber hosting two Christmas Markets this month

By Stephen Dafoe and Morinville Online

opportunities to shop local, shop small, and find something unique for their holiday gift-giving in December. Following on this past weekend's successful Christmas Markets, the Morinville & District Chamber of Commerce and Morinville Farmers' Market has planned two more Christmas Market & Craft Fair events. The markets will occuron Sunday, December 4 and Sunday, December 11 from 10 a.m. until 4 p.m at the Morinville Community Cultural Centre.

Pawluk said the 19th and 20th events had 72 vendors had a waiting list. scheduled to showcase their Christmas and general gift wares over the two days. additional dates, they will shoppers have another two Room is still available for come," Pawluk said, noting the December 4 and December 11 events, but Pawluk is anticipating those shows to also be full.

because last year's events

"We thought if they had they hope to see solid turnouts for the event as in the past. "There's something different at every market, so we have different vendors at each and every single one. Come and support your local community. If we don't use our local services, we won't have our local services. Shopping here can make all the difference." Vendors interested in participating in the December 4 and 11 shows can contact the Morinville & District Chamber of Commerce at 780-939-9462 or by emailing the Chamber at market@ morinvillechamber.com.

The total cost of the aforesaid project is estimated to be \$1,471,200. A portion of the project is to be borrowed on the credit and security of the municipality at large by a \$633,700 fixed term debenture over a term of not more than TWENTY (20) years at an annual interest rate not to exceed EIGHT (8) percent, or the interest rate fixed by the Alberta Capital Finance Authority.

NOW THEREFORE NOTICE is hereby given by the Council of the Town of Bon Accord that, unless a petition of the electors for a vote on Bylaw 2022-19 is demanded, as provided for by the terms of Section 231 of the Municipal Government Act, the said Council may pass the said borrowing bylaw.

The proposed bylaw may be examined between the hours of 8:00 a.m. to 4:00 p.m. in the office of the Town of Bon Accord 5025 - 50 Avenue, Bon Accord, Alberta.



Chamber Manager Roberta

Last year's market saw more than 2000 people through the doors. The Chamber is expecting more of the same this year.

"We have an amazing variety of vendors this year," Pawluk said.

"You can buy everything from Christmas dinner to something to wear to Christmas dinner."

Pawluk said the motivation behind the four events was twofold: bring more opportunities to shop locally and

SUDOKU

Fun By The Numbers: Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you squeare off, so sharpen your pencil and put your sudoku savvy to the test!

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Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

SEE SOLUTIONS PAGE 6





The Morinville Jets played a rare Tuesday night home game Nov. 15 and fell 6-2 to the visiting St. Albert Merchants, ending a six-game winning streak for the Jets. - Stephen Dafoe Photo

Morinville Jets fall to Merchants

By Stephen Dafoe and Morinville Online

The Morinville Jets' sixgame winning streak ended at home Tuesday night after falling 6-2 to the visiting St. Albert Merchants.

Tuesday Heading into night's game, the Jets and Merchants both sat with 11-3-1 records and 23 points. Outpacing the Jets' 93 goals to 82 this season, the Merchants occupied second place in the Capital Junior Hockey League's West Division, the Jets-third place.

have pushed them ahead of the Merchants in wins and points, giving them second place.

The Jets opened Tuesday night's game on a solid note, leading the Merchants 2-1.

That fortune reversed itself by the end of the middle frame, with the Jets trailing the Merchants 4-2.

Another 20 minutes saw the Merchants keeping the Jets off the board while amassing another two goals for their tally.

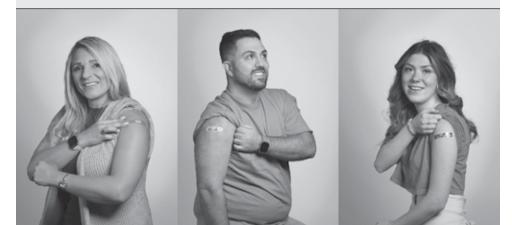
As of Tuesday night, the Jets

A win for the Jets would now sat two points behind the Merchants and three points behind the West Division's leading Beverly Warriors.

> The Jets played two more games at home this past weekend, Saturday against the Beverly Warriors and Sunday night against the North Edmonton Red Wings. The last outing between the Jets and Warriors resulted in an overtime loss for the Jets. The last time they faced the Red Wings, they fell 5-4.

Results of those games were not available by our press deadline.

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*Events subject to change without notice.

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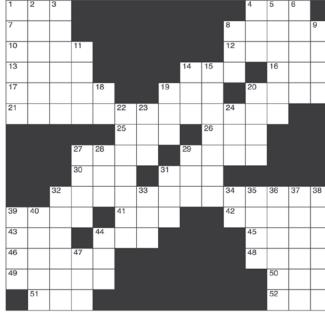


Dennis and Dale Belanger stand by their display of international nativity scenes at the Musée Morinville Museum. The display will be up at the museum until December 20. The museum is open Wednesday through Thursday from noon until 5 p.m. – Stephen Dafoe Photo



Some of Legal Catholic School grade 6-8 Titans joined the École Citadelle Kodiaks on the ice for a fun hockey game last week, and the rest of the students





Crossword Clues

CLUES ACROSS

1. FDNY's union 4. Hideout 7. Trent Reznor's band 8. Old World tropics plants 10. Places to stay 12. Group of organisms from a common ancestor 13. TV character Goodman 14. Not around 16. Title of respect 17. Ceramic jars 19. British legal authority (abbr.) 20. A companion (archaic) 21. Where groups of people live 25. Indigenous person of NE Thailand

26. Red-brown sea bream 27. Ridge of jagged rock 29. Meat from a pig (French) 30. A way to save for the future 31. Opposite of bottom 32. A term of endearment 39. Weight used in China 41. You need it to hear 42. Frighten 43. Basics 44. Computer data collection (abbr.) 45. The best point of something 46. Jewelled headdress 48. Spoke 49. Mammary gland of female

SEE SOLUTIONS PAGE 6 cattle 50. Midway between north and northeast 51. Defunct European economic group 52. Foulmouthed Hollywood bear

CLUES DOWN

1. In tune 2. Ending 3. Ringshaped objects 4. Equal to 10 liters (abbr.) 5. Removes from record 6. The lowest point 8. Plant cultivated for its tubers 9. Dry or withered 11. Stony waste matter 14. Speedometer reading 15. Each of two or more forms of the same element 18. A baseball stat 19. Corporate PR exec (abbr.) 20. Insures bank's depositors 22. Made dim 23. Uncultured person 24. Paddle 27. Currency of Cambodia 28. Pitching stat 29. A place to put mail 31. God of battle (Scandinavian) 32. 10 years 33. Resinous substance secreted by insects 34. Losses 35. S. American plants 36. Void of thought or knowledge 37. Stout-bodied moth 38. Transferred property 39. Russian pop act 40. Accept 44. A retrospective military analysis (abbr.) 47. A type of center

DIABETES WORD SEARCH

SEE SOLUTIONS PAGE 6

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BASAL RATE **WORDS** BETA

DEHYDRATION DIABETIC

INSULIN KETONES

watched the game at the Legal Arena.



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ADVERSE	CARBOHYDRATE	ENDOCRINE	ONSET
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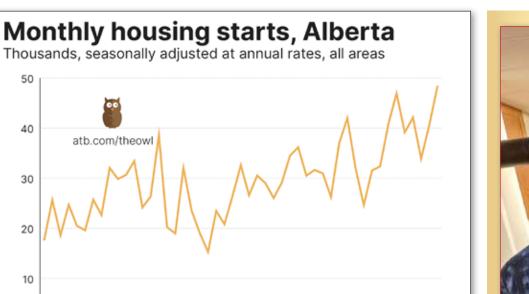
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0 Oct Oct Oct Oct Oct 2018 2021 2019 2020 2022 Graph by ATB Economics Source: Statistics Canada Table: 34-10-0158-01

Housing starts in Alberta spiked in October

By Rob Roach, ATB ECONOMICS

The number of seasonally-adjusted housing starts^{*} in Alberta increased by 19.1% in October compared to the month before. Starts haven't been this high since March 2015.

Things went in the other direction nationally, with monthly starts down by 10.6%. Starts were up in five provinces, but down in the other five.

It's not unusual for housing starts (even after seasonal adjustment) to bounce around from month to month, but up is still a much better economic sign than down.

Taking a longer time period into account, the number of housing starts in Alberta over the first ten months of the year was 22.3% higher than

over the same period in 2021 and 63.7% higher than in 2020.

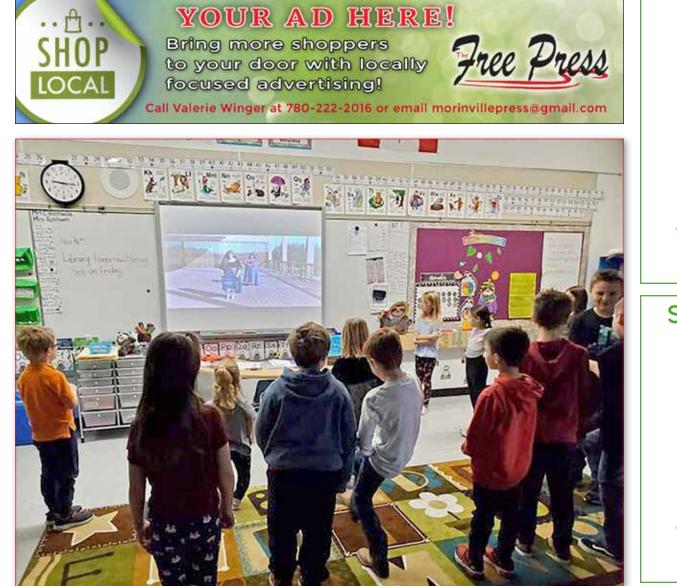
Nationally, year-to-date housing starts were down by 4.5% compared to 2021 and up by 24.8% compared to 2020.

Net gains from interprovincial migration and stronger economic growth relative to other parts of the country help explain the recent surge in new home construction in Alberta.

*A housing start is defined as the beginning of construction work on the building where the dwelling unit will be located. This can be described in two ways: 1) the stage when the concrete has been poured for the whole of the footing around the structure; or 2) an equivalent stage where a basement will not be part of the structure.



From left: Marlene Pelletier, Diane Tellier, and Morinville Historical and Cultural Society President Paulette Houle stand by the miniature Christmas village display, set up in the Musée Morinville Museum on Wednesday in time for the annual Lite Up The Nite Festival this weekend. The museum's Christmas displays will be viewable throughout the season.- Stephen Dafoe Photo



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Saveys Discount 4604-50 Ave.

HOROSCOPE ARIES

(March 21 - April 20)

You have an energy to release this week, Aries. But you are not sure if the world is ready for you. Don't expect the same reaction from everyone when you interact.

TAURUS

(April 21 - May 21)

(June 22 - July 22)

(July 23 - August 23)

(August 24 - September 22)

(September 23 - October 23)

(January 21 - February 18)

Something in your life that seems ordinary on the surface can turn into something that is rather special. Taurus. Keep your eyes peeled for every possibility.

GEMINI



Gemini, all of the fanfare you are about to receive can make it seem like you are the most popular person on the planet. Revel in the attention while you have it.

CANCER

Sometimes the less traveled path can take you to some pretty special places, Cancer. DonÕt be so quick to rule out opportunities that are right in front of you.



Start evaluating personal habits that may be holding you back, Leo. Upon closer examination, you may discover that there are some things you can easily change for the better.

VIRGO

Virgo, much to your relief, your hard work could start paying off very soon. It has been a long time coming, so enjoy any rewards that come from your efforts.

LIBRA

Consider a partnership that falls into your lap, Libra. It may provide you with some new social and business connections. There's a lot of opportunity coming down the pike.

SCORPIO

Scorpio, it is alright to desire some quiet, but too much excitement is surrounding you lately for things to settle down just yet. Ride this wave a little longer.

SAGITTARIUS

A week full of possibilities and positivity lies ahead for you, Sagittarius. The only question is, "what are you going to do with it?" Bring a friend for the ride.

CAPRICORN

Capricorn, no matter how much work you have on your plate, rest assured that you have all of the resources available to get things done successfully.

AQUARIUS

The stars are interested in showering you with plenty of love right now, Aquarius. This could be one of the most enjoyable weeks you've had in quite a while.

PISCES

(February 19 - March 20)

Romance could bloom this week if you are interested, Pisces. You also may be able to solidify an existing relationship.

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PUZZLES SOLUTIONS

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Auctions

MEIER UNRESERVED GUN & SPORTSMAN AUCTION. Saturday, Dec 17 - 10AM, 4740 57 St. Wetaskiwin, AB. Consign Now. Free Pickup. Phone 780-440-1860. Visit www. meierauction.com for more details.

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The Free Press will not be publishing the paper for the December 28 issue. Squeeze

Alberta Health Services - News Release **Virtual innovations make** health supports more accessible

tions are making influenza information and other health supports more accessible for Albertans.

To share information about influenza, Alberta Health Services (AHS) has launched an online Ask an Expert page. Through the page, Albertans can submit common questions about influenza vaccine and virus and receive responses from AHS medical officers of health (MOH) within two working days.

All MOH responses will be posted on the page to form a larger community of information sharing.

used for personal medical advice or individual health assessments. For non-urgent health assessment, Albertans are encouraged to call Health Link at 811.

Three new virtual innova- its nursing call line, which will address the service's increased call volume and ensure Albertans can easily access health advice from an 811 registered nurse.

> Through this feature, Albertans can request a call back, instead of waiting on hold, when there is a queue for Health Link 811 nurse advice. Albertans will receive a call back from a Health Link registered nurse as soon as their turn in the queue comes up.

In addition, Albertans can now text the word 'flu' to 88111 and receive information on influenza vaccine and illness by text. This ensures Note: this page cannot be information is available to those who are more comfortable with text or prefer not to call Health Link for influenza information. As always, information on Influenza and COVID-19 vaccines is also available at www.ahs.ca/vaccine.

"Alberta's government supports AHS in its leveraging of virtual and digital technologies," says Jason Copping, Minister of Health.

"Innovations like these empower Albertans in managing their health and help them feel connected with the healthcare system at all times."

"AHS is focused on improving the efficiency of our healthcare system and increasing Albertans' access to care, connecting them to safe, high-quality healthcare regardless of where they are located," adds Dr. Jonathan Choy, Senior Medical Director of Virtual Care, Access, and Navigation. To learn more about innovative models of care delivery connecting Albertans with information and healthcare across the province, please visit the Virtual Health webpage.

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Health Link has also added a new Virtual Hold feature to





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